

FAMILY TRAINING / COUNSELING

Family training is training for family members in communication skills, behavior management, independence skills, and advocacy.

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Advocates for Children	151 West 30 th St. 5 th Floor NY, NY 10001	(212) 947-9779 or Helpline (866) 427- 6033 –Mon. - Thurs. 10AM-4PM www.advocatesforchildren.org and www.arisecoalition.org	Children, Birth – 26.	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals. Will go into the community to train parents and professionals.
AHRC Health Care Inc. DBA Access Community Health Center	83 Maiden Lane 6 th Floor NY, NY 10038 Accesschc.org	Sobriety Services/ PEIR Program Jason Conover (212) 780-2658	Adolescents + adults with DD in need of alcohol + drug preventive services.	Prevention, Education, Information + Referral program: information about substance-abuse prevention provided to people with DD, families, staff. Family support + education. Support for people with DD who have a family member with an addiction. Resource library + videos. Educational theater group of recovering alcoholics + addicts with DD. Information + referral. AA meetings at AHRC. Free.
AHRC Health Care Inc. DBA Access Community Health Center	83 Maiden Lane 6 th Floor NY, NY 10038 Accesschc.org	Sobriety Services Substance Abuse Treatment Program Barbara Cajdler (212) 780-2570	Adolescents + adults with DD who are abusing alcohol and drugs.	Outpatient Alcohol + Substance Clinic. Individual + group counseling, including education, skills building, psychotherapy. Psychiatric services, case management, sober socialization groups + sobriety respite. Fee: Medicaid or Medicare participants; sliding scale for others.
Brain Injury Association of NYS	10 Colvin Ave. Albany, NY 12206	FACTS Program (800) 228-8201 Manhattan FACTS Coordinator – Maggie Ornstein (718) 478-5090	Persons with traumatic brain injuries which occurred before age 22 + their families.	Counseling, information + referral, case management, advocacy training + emotional support. Also support groups and Family Helpline (800)-228-8201.

FAMILY TRAINING / COUNSELING (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Epilepsy Foundation of Metropolitan New York	257 Park Ave. So. NY, NY 10010	Dr. Beth Pausic (212) 677-8550	Persons with epilepsy + their families.	Individual, family + group training + counseling about epilepsy. Psychological counseling. Workshops + educational materials. Day + evening hours. Fee: sliding scale from \$0 up. Transportation for Medicaid clients only. Spanish spoken.
Epilepsy Foundation of Metropolitan New York	257 Park Ave. So. NY, NY 10010	Brian Pinto (212) 677-8550	Persons with epilepsy + their families.	Individual training in independent living + socialization skills in community settings, up to 3x per week.
The Jewish Community Center in Manhattan	334 Amsterdam Ave. NY, NY 10023	Hannah Cohen (646) 505-4460	Parents, grandparents, fathers, siblings of children with special needs, twins, couples.	Groups for parents of toddlers, pre-schoolers, school aged children, teens, and young adults with special needs. Groups for grandparents, siblings, fathers, couples + twins.
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D NY, NY 10065-6654	Susan Williams (212) 570-6860 Fax (212) 570-9946 Manhattanmothers@aol.com	Persons with DD + their families.	Information + referral to services, advocacy, parent-to-parent connections, help with educational transition + residential issues: Advocacy + meeting info by phone and e-mail for a fee: \$20, if affordable. Call Mon.-Fri btwn 9am and 5pm except for emergencies.
Narcolepsy Institute of Montefiore Medical Center	111 E. 210th St. Bronx, NY 10467	Dr. Meeta Goswami (718) 920-6799	Persons with diagnosed narcolepsy + their families.	Screening, information + referral, family, individual + group counseling, crisis intervention at Montefiore Medical Center. Medicaid, Medicare + other insurance accepted.
National Jewish Council for Disabilities	11 Broadway 13 th Fl. NY, NY 10004	Deborah Berman (212) 613-8172	Jewish families with special needs.	Periodic workshops, family weekend retreats that include training and counseling.

FAMILY TRAINING / COUNSELING (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
New Alternatives for Children	37 W. 26th St. 12 th Floor NY, NY 10010	Michele Gogliucci or Carola Haberly (212) 696-1550	Persons ages 0-18, with DD + medically fragile in ACS funded preventive services and TANF funded post prevention services.	Program to prevent out-of-home placement for families under severe stress: Mon-Fri 9:00 am – 7:30 pm. Includes counseling, parenting groups, child + sibling support groups, recreation, therapeutic groups, respite, educational advocacy. Transportation (wheelchair accessible) provided as needed. Spanish spoken. Post prevention services available for families with less intensive or short-term case management needs.
New Alternatives for Children	37 W. 26th St. 8 th Floor NY, NY 10010	Carol Hirsch (646) 352-9141	Adopted persons 0-19 with medical condition or physical disability or DD + their families.	Program to prevent return to foster care. For families who have adopted child w/ medical condition / physical disability or DD. Includes home visits; ind/family counseling; recreation; parenting support/ educational groups; therapeutic groups; education + medical advocacy.
Ramapo for Children	Family Learning Weekends P.O. Box 266 Rhinebeck, NY 12572	Sean O'Neill (845) 876-8435 www.ramapoforchildren .org	Families of children with special needs.	Family camping retreats + parent workshops. Call for fees.
Resources for Children with Special Needs	116 E. 16 th St. 5 th floor NY, NY 10003	Intake (212) 677-4650 or info@resourcesnyc.org g or www.resourcesnyc.org	Individuals birth to age 26 with DD + their families.	Training + technical assistance for parents + professionals on laws, regulations, rights, benefits, educational + other services. Workshops in English + Spanish. Check website for menu of trainings and training schedule.
The Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center One Gustave L. Levy Place, Box 1230 NY, NY 10029	(212) 241-0961	Families of persons with ASD, ages 0-Adult.	Family counseling/ therapy. Fee for service.
Sinergia, Inc.	2082 Lexington Ave. 4th floor NY, NY 10035	Sandra Ruiz (212) 643-2840 x352	Parents with DD.	Parent education classes for parents who have DD Spanish spoken. Medicaid not required.

FAMILY TRAINING / COUNSELING (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
SNACK – Special Needs Activity Center for Kids	220 East 86 th St. LL NY, NY 10028	Liz Brady (212) 439-9996 www.snacknyc.com	Parents of children with special needs.	Parent Education Sessions include topics to help inform + assist parents of children with DD. Held 1 Friday/mo. from 6-8PM. Free for enrolled families. \$15 for non-enrolled families. Child care for an extra fee.
Spina Bifida Resource Network of Metro NY and NJ	84 Park Ave. Suite G-106 Flemington, NJ	Jen Shore, Dir. Of Family Support (908) 247-0709	Persons with spina bifida + their families.	Family training + counseling re: spina bifida. Day, evening, weekend hours. Spanish spoken.
YAI / National Institute for People with Disabilities	460 W. 34th St. 11 th Floor NY, NY 10001	Parents with Special Needs Nafiza Somaipersaud (718) 793-2182 x203	Parents with DD.	Support groups + in-home skills + behavior management training for parents who have DD.
YAI / National Institute for People with Disabilities	460 W. 34th St. 11 th Floor NY, NY 10001	Project GROW Natalia Echeverri (212) 273-6259	Parents + caregivers of persons with DD.	Group training in behavior techniques to improve communication among family members and develop effective discipline. Peer support. Some classes in Spanish and Cantonese. Respite offered for some sessions. Public transportation reimbursement provided.
YAI / National Institute for People with Disabilities	460 W. 34th St. 11 th Floor NY, NY 10001	Project Grown-Up Natalia Echeverri (212) 273-6259	Parents + caregivers of adolescents and adults with DD.	Basic and advanced parent training related to issues of relationships and sexuality with adolescents and adults with DD. Some classes in Spanish and Cantonese. Public transportation reimbursement provided. Respite offered for some sessions.
YAI / National Institute for People with Disabilities	460 W. 34th St. 11 th Floor NY, NY 10001	YAI <u>LINK</u> (212) 273-6182 <u>www.yai.org/autismsupport</u> for schedule	Caregivers of individuals with Autism Spectrum Disorders.	Parent groups providing support, information and training regarding Autism Spectrum Disorders. Free. Some Spanish, Mandarin + Cantonese groups available.

See also under Article 16 clinics and Behavior Management, above.