

RESPIRE: IN-HOME

In-home respite is temporary care of a person with developmental disabilities, provided in the home by a trained respite worker. Respite is scheduled in advance; sessions vary in length according to respite agency.

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
AHRC New York City	83 Maiden Lane 7 th Floor NY, NY 10038 ahrcnyc.org	Referral + Information Center (212) 780-4491/ 4493 referrals@ahrcnyc.org	Persons with DD.	Trained staff provides respite services in family's home. Hours + frequency varies according to the needs of the family + agency hours available. Spanish + Russian spoken.
The Center for Family Support, Inc.	333 Seventh Ave. 9 th Floor NY, NY 10001	Veronica Montiel (718) 518-1500 x 354	Persons with DD.	Provided to families who are caring for a DD family member and in need of short-term relief.
The Center for Family Support, Inc.	333 Seventh Ave. 9 th Floor NY, NY 10001	Veronica Montiel (718) 518-1500 x 354	Persons with DD who have behavioral issues.	In-home relief for parents who have children with challenging behaviors.
Community Assistance Resources & Extended Services (CARES)	465 Grand St. 2 nd Fl. NY, NY 10002	(212) 420-1999 x109 or x117	Persons with DD.	In-home Respite.
Community Resources & Services for Children, Inc. (CRSC)	3410 Broadway 3 rd Floor NY, NY 10031	Jesenia Diaz (718) 206-3400 x213	Residents of Washington Heights with DD. All ages.	Respite services, 16 hours a month.
Community Resources & Services for Children, Inc. (CRSC)	3410 Broadway 3 rd Floor NY, NY 10031	Jesenia Diaz (718) 206-3400 x213	Residents of Washington Heights with Autism.	Respite services, 8 hours per week.
East Harlem Council for Community Improvement (EHCCI)	413 East 120 th St. Room 112 NY, NY 10035	Ayana Kone (212) 410-7707 x5237	Children + adults with DD.	Temporary relief for families. Recreation activities. Spanish speaking staff available.
Esperanza	516 West 181 st St. NY, NY 10033	Dennisse Pinargote (212) 928-5810 x126 dpinargote@esperanza center.net	Persons with DD, living in northern Manhattan or western Bronx.	Trained staff provides respite services in the family's home. Frequency varies according to need. Spanish spoken.

RESPIRE: IN-HOME (Continued)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
The Jewish Community Center in Manhattan	334 Amsterdam Ave. NY, NY 10023	Melissa Lader (646) 505-5729	Children with special needs.	Information on teenagers who have received babysitting training through the JCC. Free referral service. Pay babysitter directly.
Mercy Drive, Inc.	120-34 Queens Blvd. Suite 210 Kew Gardens, NY 11415	(718) 275-9323	Persons with DD.	In-home respite.
Metro NY Developmental Disabilities Services Office (MDDSO)	75 Morton St. NY, NY 10014	Home Care Services Roberta Ahouse (212) 229-3118	Persons with DD + their families.	In-home respite, flexible days + hours. Some Spanish-speaking and Chinese-speaking respite workers.
QSAC	Quality Services for the Autism Community 253 West 35 th St. 16th Floor NY, NY 10001	Johnny Nunez 718-728-8476 x1222	All individuals with Autism	In-home respite, 4 hours once per week. Free.
YAI / National Institute for People with Disabilities	460 W. 34th St. 11th floor NY, NY 10001	YAI <u>LINK</u> (212) 273-6182 or (866)-2YAILINK	Persons with DD (except medically fragile) + their families.	In-home respite. Approximately 4 scheduled hours weekly. Spanish spoken.