

SOCIALIZATION OPPORTUNITIES FOR INDIVIDUALS WITH A HIGH LEVEL OF INDEPENDENCE

These programs are for individuals who have developmental disability diagnoses such as Asperger's Syndrome, Learning Disabilities, and Tourette Syndrome, but don't necessarily meet OMRDD eligibility due to their level of independence.

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
AHRC New York City	83 Maiden Lane 9 th Floor NY, NY 10038 ahrcnyc.org	Maureen Blackmore (212) 780-2523 maureen.blackmore@a hrcnyc.org	Adults, with DD diagnosis who travel independently.	Sunday Trips: Meets every Sunday. Group chooses activities, such as cultural events; dining out; movies; and sporting events.
Big Brothers Big Sisters of NYC	Incredible Kids Program 223 E. 30 th St. NY, NY 10016	Francy Henao (212) 686-2042 x229	Children ages 7-16 with varying disabilities. Must have basic self care skills + be able to relate 1:1 on a 4 hour outing	Community based mentoring program with a recreational focus 2x/ month. No fee. Extremely long waiting list, especially for males.
Birch Family Services	Friendship Group 104 West 29 th St. 3 rd Fl. NY, NY 10001	Elly Stiles (212) 616-1876 or Elizabeth.stiles@birchfamily.org	Persons with high functioning DD, ages 17-25.	Monthly socialization + recreation groups. Fees may apply.
Epilepsy Foundation of Metropolitan New York	257 Park Ave. So. Third Floor NY, NY 10010	Beth Pausic (212) 677-8550	Adults 18+ with epilepsy who can travel independently.	NY Weekends Recreation Program. Activities in all 5 boroughs. Do not need to meet OMRDD eligibility.
The Global & Regional Asperger Syndrome Partnership (GRASP)	666 Broadway, Suite 825 NY, NY 10012	888-474-7277 info@grasp.org www.grasp.org	People with Asperger Syndrome, their family members, clinicians	Monthly support group in Manhattan for adults and teens on the spectrum, 2nd Wednesday of each month, 6:00-8:00 pm (see website for address). Cost: free, but you must subscribe via the website before attending a meeting (the subscription is free). No fee. Also, online discussion groups in English and Spanish for teens, adults, family members, clinicians.

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Hankering for More at YAI	460 W. 34 th St. NY, NY 10001	Sarah Baier (212) 273-6339 hfm@yai.org	Persons living in the tri-state area, ages 21+, with mild cognitive limitations + able to travel ndependently, ambulatory.	We host social + educational programs 1x/month a various cultural + recreational places in and around Manhattan (e.g. museum tours, cooking lessons, bowling). Runs from Sept-May. Interviews for program admission done in summer. Apply via www.yai.org/hfm . All events are free. Currently have a waiting list.
The Jewish Community Center in Manhattan	334 Amsterdam Ave. NY, NY 10023	Melissa Lader (646) 505-5729 mlader@jccnyc.org	16-21 year olds on the high functioning end of the autistic spectrum + other special needs.	Sunday recreation program emphasizing life skills + social skills. Fee charged.
The Jewish Community Center of Manhattan	Adaptations, the Young Adult Life Skills Network 334 Amsterdam Ave. NY, NY 10023	Allison Kleinman, Dir. Center for Special Needs, Adaptations (646) 505-4367 Or Dorsey Massey, Adaptations Coord. (646) 505-4447	Adults in their 20s + 30's w/ DD or LD with average or above average intelligence.	Place for indivs. of all backgrounds to socialize, learn, grow + deepen connections to one another + the community. Social Skills Training provides an opportunity to learn basic social cues + decrease anxiety. Offers social + recreational activities, including trips + overnight experiences, vocational support, dating and more. Call for fees.
The Jewish Community Center of Manhattan	Connections 334 Amsterdam Ave. NY, NY 10023	Allison Kleinman, Dir. Center for Special Needs, (646) 505-4367 or Steffi Pfalz, Boost! + Connections Coord. (646) 505-4375	Non-college-bound adults in their 20s + 30's w/ DD w/ ability to be travel trained + function well as a group member.	Community social + recreation program integrating independent + daily living skills. Designed to complement vocational + volunteer experiences. Fee charged. Scholarships available.
The Jewish Community Center of Manhattan	40+ Group 334 Amsterdam Ave. NY, NY 10023	Allison Kleinman, Dir. Center for Special Needs (646) 505-4367 akleinman@jccmanhattan.org	High functioning adults in their 40s + 50's w/ DD or LD.	Social activities + outings, support, resources. Fee charged. Scholarships available.
Job Path	22 West 38 th St. 11 th Floor NY, NY 10018	Carolann Granata (212) 944-0564	Persons aged 18-25 years with an Autism Spectrum Disorder.	Highly structured social skills building program.

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L.E.A.D.D., Inc.	Mailing address: 1375 Coney Isl. Ave. Box 202 Brooklyn, NY 11230	(718) 627-1981 or Arn310@aol.com	Persons age 18+ w/ DD or LD who can travel independently.	Therapeutic recreation + socialization program. Meetings are Thurs evenings from 6-8pm + 1 Saturday afternoon/ month at a pre-planned community location. \$55 monthly fee.
Learning Disabilities Association of New York City	27 W. 20 th St. Room 304 NY, NY 10011	Adult Support Coordinator Sully Diaz or Brielle Silvestri (212) 645-6730 info@ldanyc.org	Adults with LD.	Monthly workshops with different topics of interest to adults with LD.
Match Konnection at the JCC in Manhattan	334 Amsterdam Ave. NY, NY 10023	Myrna Zinn (718) 548-1933	Young Adults with LD and/or ASD in their 20's and 30's.	A safe, exciting environment to meet new friends and cultivate old friendships. This program offers an opportunity to have new experiences and have fun. \$5 fee. Must pre-register. Monthly events. Weekly tap dance + social skills classes available.
National Jewish Council for Disabilities	11 Broadway 13 th Floor NY, NY 10004	Deborah Berman (212) 613-8172	Jewish people with LD/ ED in the workforce.	Weekly support groups focusing on social skills, transition into work force, and building new relationships.
QSAC	Quality Services for the Autism Community 253 West 35 th St. 16 th Floor NY, NY 10001	Dita Ruc (718) 728-8476 x1418	Children with high functioning autism/ Asperger's Syndrome	Teach appropriate social skills in a group setting. Transportation included.

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Ramapo for Children	Staff Assistant Experience PO Box 266 Rhinebeck, NY 12572	Jen Buri da Cunha (845)876-8406 www.ramapoforchildren.org	Persons ages 18-25 with social, emotional or learning challenges.	Program specially designed for participants who can benefit from an inclusive group living experience focused on building healthy relationships, learning essential life skills, and practicing job-related competencies. Rolling admissions. Fee charged.
The Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center One Gustave L. Levy Place, Box 1230 NY, NY 10029	Sarah Soffes (212) 241-2993	School age children with autism spectrum disorder. Must be verbally fluent.	Social skills groups for individuals with ASD. Fee charged. No charge for research groups.
YAI / National Institute for People with Disabilities	320 W. 13th St. 2nd floor NY, NY 10014	Leisure Connection Edna Bey (212) 645-1616 x 620	Adults, 18+ yrs., with mild learning disabilities, able to travel independently.	Socialization/recreation program: 3rd Sat. of each month. Fee: \$30 per year. No staff chaperones.
YAI / National Institute for People with Disabilities	460 West 34 th St. 11 th Floor NY, NY 10001	YAI <u>LINK</u> (212) 273-6182	Children + young adults with autism spectrum disorder.	Social skills groups. Some transportation assistance provided. Free. Other social skills group through the YAI Autism Center available. Fee charged.