

SPECIALTY SKILLS TRAINING

Training programs that teach individuals with DD specific skills to encourage independence, e.g., travel training, toilet training, socialization skills, independent living skills.

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Angelfish Therapy	P.O. Box 183 Botsford, Ct. 06404 Program at St. Bart's Church on 50 th St. & Park Ave.	Ailene Tisser, PT or Cindy Freedman, OT (203) 545-0024	Children with any disability, ages 6 months – 21 yrs.	Pediatric aquatic therapy, small groups, parent-child classes, aquatic fitness classes for teens with special needs/ swim lessons for all ages and abilities. Fee charged. Some therapy is refundable by insurance.
Cerebral Palsy Assns. Of New York State	330 West 34 th St. 15 th Floor NY, NY 10001	(212) 947-5770 x627 traveltraining@cpofnys.org	Eligible Access-A-Ride customers, ages 18+.	Personalized short-term 1:1 instruction to travel independently on 1 roundtrip bus or subway route to a destination of choice in NYC. No fee.
Department of Education (DOE)– District 75 Office of Travel Training	400 First Ave. 4 th Floor NY, NY 10010	Margaret Groce (212) 802-1625	DOE students with disabilities other than blindness, ages 14-21.	Provides comprehensive, intensive and individualized instruction in skills + behaviors for safe and independent use of public transportation.
The Jewish Community Center of Manhattan	Adaptations, the Young Adult Life Skills Network 334 Amsterdam Ave. NY, NY 10023	Allison Kleinman, Dir. Center for Special Needs, Adaptations (646) 505-4367 Or Dorsey Massey, Adaptations Coord. (646) 505-4447	Adults in their 20s + 30's w/ DD or LD with average or above average intelligence.	Social Skills Training provides an opportunity to learn basic social cues + decrease anxiety. Offers social + recreational activities, including trips + overnight experiences, vocational support, dating and more. Call for fees.
Match Konnection at the JCC in Manhattan	334 Amsterdam Ave. NY, NY 10023	Myrna Zinn (718) 548-1933	Young Adults with LD or ASD in their 20's and 30's.	Classes to improve one's social skills to feel more at ease with initiating and developing relationships.
National Jewish Council for Disabilities	11 Broadway 13 th Floor NY, NY 10004	Deborah Berman (212) 613-8172	Adults with special needs, ages 18+.	Weekly relationship building course. Held in Brooklyn + Queens.
The Nordoff-Robbins Center for Music Therapy at New York University	82 Washington Sq. East – 4 th Floor NY, NY 10003	Jacqueline Birnbaum (212) 998-5151	Children + adults of all ages with special needs.	Individual + group music therapy to address goals in the areas of communication, social interaction, language, physical, cognitive, and emotional development. Mon.-Fri. 9am-6pm; Sat. 9am-5pm. Fee: sliding scale.

SPECIALTY SKILLS TRAINING (cont'd)

AGENCY	ADDRESS	CONTACT	POPULATION SERVED	DESCRIPTION OF PROGRAM
Ramapo for Children	Staff Assistant Experience PO Box 266 Rhinebeck, NY 12572	Jen Buri da Cunha (845)876-8406 www.ramapoforchildren.org	Persons ages 18-25 with social, emotional or learning challenges.	Program specially designed for participants who can benefit from an inclusive group living experience focused on building healthy relationships, learning essential life skills, and practicing job-related competencies. Rolling admissions. Fee charged.
The Seaver Autism Center for Research and Treatment	Mount Sinai Med. Ctr. One Gustave L. Levy Place, Box 1230 NY, NY 10029	Sarah Soffes (212) 241-2993	School age children with autism spectrum disorder. Must be verbally fluent.	Social skills groups for individuals with ASD. Fee charged. No charge for research groups.
YAI Autism Center	460 West 34 th St. NY, NY 10001	YAI LINK (212) 273-6182	Children with ASD. Other disabilities will be considered. Some verbal skills required.	Social skills, ballet/yoga + music therapy groups offered for 10 fee-for-service sessions. Lead by clinicians. Offered weekdays + weekends
YAI / National Institute for People with Disabilities	460 W. 34th St. 11 th Floor NY, NY 10001	Independent Living Program Joe Medler (212) 273-6298	Travel-trained adults with mild disabilities + their families.	Training to prepare adults with mild disabilities to live as independently as possible. 26 weekly 3-hr. sessions. Also group meetings offered for parents to assist them in supporting their relative in transition.
YAI / National Institute for People with Disabilities	460 West 34 th St. 11 th Floor NY, NY 10001	YAI LINK (212) 273-6182	Children + young adults with ASD.	Social skills groups. Some transportation assistance provided. Free.
YAI / National Institute for People with Disabilities	460 W. 34th St. 11th floor NY, NY 10001	Rocio Ruiz English: (212) 273-6100 x2868 or Spanish: (212) 273-6297	Caregivers of persons with DD	Project Intervene: In-home training in skills acquisition. Also toilet training groups. Spanish spoken.
YAI / National Institute for People with Disabilities	460 West 34 th St. NY, NY 10001	You & I Program Bobra Fyne (212) 273-6202	Adults with DD.	A social skills training and recreation program allowing individuals to acquire social competencies and meet new people. Free.

See also under **Behavior Management** and **Waiver Services (residential habilitation)** for additional skills training programs. For adults with DD, refer to the Adult Day Services Directory, available from Kathy Kelly at (212) 780-2724, for Day Habilitation programs that teach a wide variety of skills.

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