# 2011

# MANHATTAN DIRECTORY

**OF** 

# DAY PROGRAMS AND VOCATIONAL PROGRAMS FOR ADULTS WITH

**DEVELOPMENTAL DISABILITIES** 

This directory was prepared by the Transition Committee of the Manhattan Developmental Disabilities Council.

November 2011

## Introduction

This Directory is a comprehensive resource source for professionals and parents who are seeking adult day services for Manhattan adults with developmental disabilities. This directory lists a range of services for young adults with developmental disabilities who are transitioning out/aging out of special education classes and for adults with developmental disabilities who are in need of a day or vocational program. General information is also available from the Manhattan office of the New York State Office of People with Developmental Disabilities at (212) 229-3132

## The Manhattan Developmental Disabilities Council

This Council is an advisory committee to the NYC Dept. Of Mental Health, Mental Retardation, and Alcoholism Services. The Council is made up of service providers, families of people with developmental disabilities, and governmental representatives. Monthly meetings offer participants an opportunity to join together to advocate for needed services. For more information, please contact Marco Damiani, at YAI at (212) 273-6590. And visit the Council's website: <a href="www.manhattanddcouncil.org">www.manhattanddcouncil.org</a> For information on the Manhattan Family Support Services Advisory Council, please contact parent, Margaret Puddington at (212) 799-2042.

#### The Manhattan Transition Committee

The Manhattan Transition Committee, a sub-committee of the Manhattan Developmental Disabilities Council, deals with issues relating to the transition of persons with developmental disabilities from the Dept.of Education system, where they "age out" at age 21, to the adult service system. This Committee usually meets the second Wednesday of the month. The Co-Chairs of this Committee are currently Kathy Kelly of AHRC, and Lucy Kramer of Life Adjustment Center. For more information about the Committee, please contact either Kathy Kelly at (212) 780-2724.

## **Table of Contents** Supported Employment Programs. Page 3 Work Readiness/PreVocational Programs......Page 7 Day Treatment/Day Habilitation Programs Page 9 To Update this Guide: We encourage you to contact us with updated information about your program. We welcome hearing about new programs. Please send information to: Kathy Kelly, Director of Service Coordination at AHRC, 83 Maiden Lane, New York, NY 10038 (212) 780-2724 Fax: 212 482-1956 or E-Mail Kathy.Kelly@ahrcnyc.org Please check as appropriate: ( ) Add this new program listing to the guide. () Correction due to incorrect information in the current listing. Name of Organization: Address: City/State/Zip Telephone:( ) Contact Person: Type of Program: Brief Description (Include any specialized populations served): Admission Criteria: Transportation provided: \_\_\_\_\_ Yes \_\_\_\_\_ No

## SUPPORTED EMPLOYMENT

Paid competitive work performed by individuals with severe disabilities who require intensive support services to obtain employment and extended support to sustain such employment, and which is performed in an integrated work setting which provides regular interactions with individuals who do not have disabilities, other than paid care givers. Establishes employment opportunities in local businesses on a one-to-one person/job basis or in a small group/enclave. These services may include job coaching, intensive level of supported employment and extended level of supported employment. **Job Coaching** - training to perform tasks to the employer's specifications, to learn interpersonal skills necessary to be accepted as a worker and in related community contacts. Also related assessment, job development, counseling, advocacy, travel training and other services to maintain employment. Intensive Level of Supported **Employment** - Job coaching services that lead to employment and a level of stabilization; services are intended to enable the person to remain effectively employed in an integrated community setting. Provided throughout the term of employment and include at least twice monthly monitoring to assess employment stability. Extended Level of Supported **Employment** - On-going support services provided after an individual has reached stabilization; services are intended to enable the person to remain effectively employed in an integrated community setting. Provided throughout the term of employment and include at least twice monthly monitoring to assess employment stability.

| Name/Address/Phone and Contact Person  | Admission Criteria   | Special Characteristics of<br>Service   | Transpor-<br>tation |
|--|--|---|---------------------|
| AHRC Ass'n. For the Help of Retarded Children Careers in Instit. Maint 252-4 W. 29th St. 7th Floor New York, NY 10001 (212) 634-8700 Steve Towler  | <ul><li>Developmentally disable or youth at risk</li><li>VESID eligible</li></ul>                              | - Wheelchair accessible - Prepares individuals with or without disabilities for careers in institutional maintenance - Training internship - 22 week session followed by placement - Follow-up services | No                  |
| AHRC Manhattan HIRE (Same contact as above)  |  | Provides employment and placement in competitive employment - Integrated work settings  |                     |
| AMAC Ass'n in Manhattan for Autistic Children Supported Employment/Job Club 25 W. 17th St. New York, NY 10011 (212) 645-5005 x 1109 Hillary Namech | <ul> <li>Adults with primary diagnosis of Autism or PDD</li> <li>Not necessary to be VESID eligible</li> </ul> | - Part-time and full-time positions  - Job Club works on money management issues, problem solving in job site issues, etc.  | No                  |

| The Bridge<br>248 W. 108th St.<br>New York, NY 10025<br>(212) 663-3000 x 413<br>Pat Callahan   | - VESID sponsorship -Primary diagnosis must be a psychiatric disability. Secondary diag. may be devel disability Potential for competitive employment     | To maximize the functioning level of an adult psychiatric population by providing comprehensive services.  | No  |
|--|---|--|---|
| CGS Contemporary Guidance Services 52 Broadway New York, NY 10004 (212) 577-5512 x 3010 Yvonne Vega  | <ul> <li>Learning disability or developmental disability with IQ of 70 or below.</li> <li>VESID eligible</li> </ul>                                       | -Supported work - intensive or extended. Enhance growth, development, & independence of persons with disabilities through person-centered vocational rehab leading to a broad spectrum of employment opportunities and integration into community living                                       | No  |
| The Epilepsy Foundation 257 Park Ave. South 3rd Floor New York, NY 10010 (212) 677-8550 Brian Pinto  | - Diagnosis of epilepsy - Must need intensive ongoing support to obtain and maintain a job.   | - Wheelchair accessible - Services include: job coaching, evaluation, weekly job skills groups, intensive and extended ongoing support services, and support groups.   | No  |
| FEGS Federation Employment and Guidance Services 80 Vandam Street New York, NY 10013 (212) 366-8487 Jessica Mera Goodwill Industries 2196 5th Ave.               | - VESID eligible - Be travel trained - Diagnosis of learning disability, mental retardation or psychiatric disability  - VESID eligible - Age 18 or older | <ul> <li>Wheelchair accessible</li> <li>Mailroom/ Messenger training program</li> <li>Supported employment</li> <li>Porter training (located in Bronx)</li> <li>Article 16 clinic services available on site</li> <li>Wheelchair accessible for office</li> <li>One-on-one services</li> </ul> | *Transp. To clinic appts. for Medicaid consumers No |
| New York, NY 10037<br>(718) 777-6345<br>Betty Jackson<br>Institute for Rehab. at<br>Rusk at NYU Hosp.<br>400 E. 34th St.<br>New York, NY 10016<br>(212) 263-7156 | - Developmentally disabled or learning disability  -VESID eligible -Persons with orthopedic or neurological   | -Job coaching -Advocacy - Intensive or extended services - Wheelchair accessible - Vocational evaluation - 2 - 6 month individualized internships with job placement   | No  |
|  | disability as primary<br>disability<br>- Serves people with<br>TBI, spinal cord<br>injury ONLY IF<br>INJURED AFTER 21<br>YRS OLD                          | services   |   |

| Job Path                           | - VESID eligible                   | - Wheelchair accessible                                  | No |
|------------------------------------|------------------------------------|--|----|
| 22 W. 38th Street                  | - Age 18 +                         | - Transitional employment                                |    |
| New York, NY 10018                 | - Documented devel.                | (structured work experience,                             |    |
| (212) 944-0564<br>Carolann Granata | disability: MR,<br>Cerebral Palsy. | intensive temporary support) - Supported employment (on- |    |
| Carolallii Grallata                | Epilepsy, Autism,                  | going support  |    |
|                                    | Neurological                       | - Follow-up Services                                     |    |
|                                    | impairment, TBI                    | - Follow-up Services                                     |    |
|                                    | (prior to age 22)                  |  |    |
| Lifespire                          | - VESID eligible                   | - Spanish spoken   | No |
| 1315 Loomis Street                 | - Developmentally                  | - Travel training provided                               |    |
| Bronx, NY 10461                    | disabled                           | - Evening recreation                                     |    |
| (646) 369-7610                     | - Age 18+                          | - Enclave or individual                                  |    |
| Carmen Acevedo                     | - Serves all 5                     | placements   |    |
| Manhattan                          | boroughs of NYC                    | placements   |    |
| Coordinator                        | ooroughs or ivi                    |  |    |
| Mount Sinai Hospital               | - Adults age 18 +                  | -TEP program is part of the                              | No |
| Tran. Employ.                      | with a psychiatric                 | continuing day treatment                                 |    |
| Program (TEP)                      | disability                         | program where persons are                                |    |
| 53-55 E. 96th St. ste              | - Preparation for                  | engaged in a variety of activities                       |    |
| OFC                                | competitive                        | to help them achieve goals in                            |    |
| New York, NY 10029                 | employment                         | working, living, and social                              |    |
| (212) 987-7189                     | -Medicaid/Medicare                 | environment.   |    |
| Tom DeRosa                         | -VESID eligible                    | - Counseling, job training, job                          |    |
|                                    |                                    | placement, job coaching                                  |    |
| Mt. Sinai Dept. Of                 | -Primary diagnosis of              | - Comprehensive vocational                               |    |
| Rehab. Medicine                    | physical disability,               | rehab.   |    |
| (212) 241-9216                     | neurological impair.,              | Services from evaluation to                              |    |
| Sandy Starr                        | TBI or spinal cord                 | placement.   |    |
| •                                  | injury                             | - extensive use of computers                             |    |
|                                    | - VESID eligible                   |  |    |
| National Jewish                    | - Any disability                   | - Wheelchair accessible                                  | No |
| Council for the                    | - Not necessary to be              | - Assessment, job placement, on-                         |    |
| Disabled                           | VESID eligible                     | site job training,                                       |    |
| 11 Broadway - 13th                 |                                    | - Case management  |    |
| Fl.                                |                                    | - Work related advocacy                                  |    |
| New York, NY 10004                 |                                    |  |    |
| (212) 613-8376                     |                                    |  |    |
| Jody Reznik                        |                                    |  |    |
| New York Society for               | - VESID eligible                   | - Wheelchair accessible                                  | No |
| the Deaf                           | - Age 18 +                         | - Job placement services                                 |    |
| 315 Hudson St.                     | - Serves people who                |  |    |
| 2nd Floor                          | are deaf & blind, or               |  |    |
| New York, NY 10014                 | deaf &                             |  |    |
| (212) 366-8289                     | developmentally dis.               |  |    |
| Helen Kang                         |                                    |  |    |

| United Cerebral Palsy of NYC UCP of NYC 120 E. 23rd St., 4th Fl. New York, NY 10010 (212) 979-9700 x 603 Veronica McCormack (718)436-7600ext156 | - Developmentally<br>disabled & physically<br>disabled  | - Wheelchair accessible - Serves persons with cerebral palsy   | No  |
|---|---|--|---|
| United Cerebral Palsy<br>Ass'n. of NY State<br>330 W. 34th St.<br>New York, NY 10001<br>(212) 947-5770 x 207<br>Al Arrieta                      | <ul><li>VESID eligible</li><li>Developmentally disabled</li><li>IQ below 70</li><li>Physically challenged</li></ul> | - Wheelchair accessible  | Yes - for<br>physically<br>challenged<br>only |
| YAI/NIPD<br>Young Adult Institute<br>SWAT/OPTS<br>460 W. 34th St, 9th<br>Fl.<br>New York, NY 10001<br>(212) 273-6100 x<br>2448<br>Andrea Melvin | - Age 18 + - Learning Disabilities or Developmentally disabled  | <ul> <li>Wheelchair accessible</li> <li>Groups &amp; Internships focusing on employment skills</li> <li>Follow along services including job developing and job coaching</li> </ul> | No  |

# WORK READINESS/PREVOCATIONAL PROGRAM OPTIONS

These services are primarily Job Training and or Work Readiness opportunities.

| Name/Address/Phone   | Admission Criteria   | Special Characteristics of   | Transpor-  |
|--|--|--|--|
| and Contact Person   |  | Service  | tation   |
| Contemporary Guidance Services CGS Job SkillsTraining 52 Broadway New York, NY 10004 (212) 577-5512 x 3010 Yvonne Vega   | <ul> <li>High functioning learning disabled or dev. disabled</li> <li>Ability to be prepared for competitive employment</li> <li>VESID eligible</li> </ul> | - 9 month job training program (retail merchandising, nursing asst., home health aide, Mailroom/messenger, clerical, food services, hotel maintenance) - GED services for under 21 yrs old - Diagnostic Evaluations - Counseling | No * Reimb. for public transp. for income eligible persons |
| Special Citizens Futures Unlimited, Inc. Anita Zatlow Center for Autism Services Day Habilitation Program 352 E. 55 <sup>th</sup> Street New York, NY 10022 917 583-9033 Tatjana Obradovic | -Developmental Disabilities in the Autistic Spectrum - Vesid Eligible  | - Job placement & follow-up  -6-9 month job training program in various positions Skills targeted are social, communication, work ethic - Job placement, training and follow-up.   | No   |
| YAI<br>Young Adult Institute<br>Manhattan Work<br>Readiness Program<br>460 W. 34th St. 9th Fl<br>New York, NY 10001<br>(212) 273-6100 x 2448<br>Andrea Melvin                              | - Age 18 + - Primary diagnosis of mental retardation - VESID eligibility not required  | -Provides vocational training for individuals who have been unable to access employment through traditional models Skills targeted are social, communication, conflict resolution and stress/anger management                    | No   |

# SHELTERED WORKSHOP/HCBS WAIVER PRE-VOCATIONAL

A facility providing sheltered employment designed to provide a controlled and protective working environment and activities with individualized goals to assist the individual in progressing toward normal living and productive vocational status.

| Name/Address/Phone                        | Admission Criteria       | Special Characteristics of            | Transpor-     |
|---|--------------------------|---------------------------------------|---------------|
| and Contact Person                        |                          | Service                               | tation        |
| A.H.R.C.                                  | - Age 17 +               | -Wheelchair accessible                | Yes           |
| Ass'n. for the Help of                    |                          | - Vocational training treatment       |               |
| Retarded Children                         | - Developmental          | using paid work in a therapeutic      |               |
| 200 Varick Street                         | Disability               | milieu developing personal stability, |               |
| New York, NY 10014                        | _                        | social competence, as well as         |               |
| (212) 803-7344/55                         | - VESID eligible         | vocational skills                     |               |
| Francine Davis                            |                          | -Co-located services also available   |               |
| Fedcap Rehab Services                     | - VESID eligible         | - Wheelchair accessible               | No            |
| 111 W. 19th St., 5th Fl                   | - All disabilities       |                                       |               |
| New York, NY 10011                        |                          | - Vocational evaluation and training  |               |
| (212) 727-4250                            |                          | leading to sheltered employment       |               |
| Carmela Roxas                             |                          | reading to shertered employment       |               |
| Federation Employment                     | - VESID eligible         | - Wheelchair accessible               | No            |
| and Guidance Services                     | VESID eligible           | Wheelenan accessione                  | 110           |
| F.E.G.S.                                  | - Diagnosis of learning  | - On-site full service Article 16     | *Transp. to   |
| 80 Vandam Street                          | disability, mental       | clinic                                | clinic appts. |
| New York, NY 10013                        | retardation or           | Clinic                                | for           |
| (212) 366-8487                            | psychiatric disability   |                                       | medicaid      |
| Jessica Mera                              | psychiatric disability   |                                       |               |
| Special Citizens Futures                  | - Developmental          | -Individual & Person Centered         | Yes Yes       |
| Unlimited, Inc.                           | Disabilities in          | planning in the areas of self-care,   | 1 68          |
| Anita Zatlow Center for                   | the Autistic             |                                       |               |
|   |                          | independent living, motor skills,     |               |
| Autism Services                           | Spectrum                 | communication, recreation, social     |               |
| Day Habilitation                          | - New High               | skills & community inclusion.         |               |
| Program<br>352 E. 55 <sup>th</sup> Street | School                   | - On-site art studio with gallery     |               |
|   | Graduates who            | available if desired.                 |               |
| New York, NY 10022                        | live in                  | - Spanish, Serbian, Croatian, &       |               |
| 917 583-9033                              | Manhattan                | Bosnian Spoken                        |               |
| Tatjana Obradovic                         | - Ambulatory             |                                       |               |
| Haitad Canal 1 D.1.                       | Danalammania 11.         | Wheelsheimesseriki                    | Vas           |
| United Cerebral Palsy                     | - Developmentally        | - Wheelchair accessible               | Yes           |
| of NYC                                    | disabled with a physical |                                       |               |
| U.C.P. of NYC                             | disability               |                                       |               |
| 120 E. 23rd St., 4th Fl.                  | 0 1 1.1                  |                                       |               |
| New York, NY 10010                        | - Serves people with     |                                       |               |
| (212) 979-9700 x 603                      | cerebral palsy           |                                       |               |
| Veronica McCormack                        |                          |                                       |               |
| (718)436-7600 ext. 156                    |                          |                                       |               |
|   |                          |                                       |               |
|   |                          |                                       | l .           |

## DAY TREATMENT/DAY HABILITATION

These programs provide a range of services. Some programs provide services that are mainly diagnostic, treatment, and rehabilitative, where most of the day is spent in activities at the program site, to address the needs of severely disabled individuals. Other programs provide services that are mainly supervised experiences in community settings, designed to meet individual choices and needs. Community experiences may include purchasing goods, doing volunteer work in a variety of community settings, communicating with people who live or work in the neighborhood, etc. Still other programs provide a mixture of on-site and community activities.

Be aware that the terms "day treatment" and "day habilitation" refer to how the programs are funded. These terms are not necessarily indicative of which type of program is provided. To find out if a program is appropriate for a particular individual, first check the amount of time spent in the community. For instance, some individuals may prefer to spend most of their time in community-based activities, while others may prefer to spend more time in on-site activities. If desired, call the contact person to get additional information and to arrange a tour.

| Name/Address/Phone and Contact Person | Admission Criteria        | Special Characteristics of Service | Transpor-<br>tation |
|---------------------------------------|---------------------------|------------------------------------|---------------------|
| AHRC                                  | -Mental retardation       | -Goal is to increase independence  | Yes                 |
| Ass'n for the Help of                 | -May also have a          | and quality of life and to promote |                     |
| Retarded Children                     | secondary                 | inclusion in the community         |                     |
| 200 Varick St.                        | developmental             | -Physical therapy, social work,    |                     |
| New York, NY 10014                    | disability or psychiatric | psychology, nutrition, art therapy |                     |
| (212) 803-7344/55                     | diagnosis                 | available                          |                     |
| Fran Davis                            | -Age 21 +, including      | -Spanish, Russian, Chinese, and    |                     |
|                                       | seniors                   | Creole spoken                      |                     |
|                                       |                           | -Wheelchair accessible             |                     |
|                                       |                           | -About 20% -80% of time spent in   |                     |
|                                       |                           | community-based activities,        |                     |
|                                       |                           | according to consumer's choice     |                     |

| AHRC<br>2080 Lexington Ave.<br>New York, NY 10035<br>(212) 987-4160<br>Inna Grinshpun           | -Developmental<br>disabilities/mental<br>retardation - wide range<br>-May also have a<br>secondary psychiatric<br>diagnosis<br>-Age 21+, including<br>seniors  | -Individualized program based on consumer's needs and preferencesFocus on community integration in different settingsSpeech therapy, counseling, nursing, medical supervision, nutrition counseling, case coordination, social work, psychological evaluations available -hot lunch provided for individuals who reside with their families -Spanish and Russian spoken -Wheelchair accessible -About 50%-80% of time spent in | Yes |
|---|--|--|-----|
| AHRC<br>156 William Street<br>New York, NY 10038<br>212 513-7489<br>Wanda Pawalowska            | -Mental retardation -May also have a secondary developmental disability or psychiatric diagnosis -Age 21 +, including seniors  | community-based activities  -Goal is to increase independence and quality of life and to promote inclusion in the community -Physical therapy, social work, psychology, nutrition, art therapy available -Spanish, Russian, Chinese, and Creole spoken -Wheelchair accessible  -About 50% -80% of time spent in community-based activities,  | Yes |
| AHRC TBI Day Program 551 2 <sup>nd</sup> Ave. Brooklyn, NY 11232 (718) 832-2309 x 16 Ana Sostre | -Traumatic and<br>Acquired Brain Injury<br>(TBI).<br>-May also have a<br>secondary psychiatric<br>diagnosis<br>-Age 18+, including<br>seniors<br>-Serves people living in<br>all 5 boroughs of NYC,<br>at a Bronx site | according to consumer's choice  -Community-based rehabilitation -Compensatory strategies, independent living, socialization, and executive functioning skill development -Prevocational skills training at Brooklyn site -Physical therapy, speech therapy, counseling, and psychological evaluations available -Spanish and Vietnamese spoken -Wheelchair accessible  -About 80% of time spent in community-based activities  | Yes |

| AHRC Sobriety Day Program 551 2 <sup>nd</sup> Ave. Brooklyn, NY 11232 (718) 832-2309 Ana Sostre   | -Mental retardation and must also have alcoholism/substance abuse chemical dependency -May also have a secondary psychiatric diagnosis -Age 18+, including seniors | -Community-based independent living and socialization skills development -Use of the community in a safe and sober way -Not a 12-step program but attendance at AA/NA meetings is facilitated by staff -Addiction counseling provided through OASAS clinic -Spanish spoken -Wheelchair accessible  -About 80% of time spent in community-based activities | On a case-by-case basis |
|---|--|---|-------------------------|
| AMAC - Assoc. for<br>Metro Area Autistic<br>Children<br>25 W. 17 <sup>th</sup> St.<br>New York, NY 10011<br>(212) 645-5005 x 1109<br>Hillary Namech   | -Developmental disabilities in the autistic spectrum -May also have a secondary psychiatric diagnosis -Ambulatory -Age 21+, including seniors                      | -Instruction in the daily living skills necessary to function independently -Exploring the local community in small, well-staffed groups -Behavioral intervention supports if needed -Spanish spoken -Wheelchair accessible  -About 30%-60% of time spent in community-based activities   | Yes                     |
| Cerebral Palsy Association of New York State Day Program Without Walls 330 W. 34 <sup>th</sup> St., 13 <sup>th</sup> floor New York, NY 10001 (212) 947-5770 Albert Arrieta 718 735-8601 x 7150 | -Developmental disabilities and physically challenged -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors  | -Community-based volunteer work, from 2-5 days per week, depending on individual's support requirements -Genuine work experiences to satisfy individual's personal needs and desires (social, educational, vocational, etc.) -Spanish, French, and Creole spoken -Wheelchair accessible  -100% of time spent in community-based activities                | Yes                     |
| Community Resources<br>& Services for Children<br>3410 Broadway, 3 <sup>rd</sup> Fl.<br>New York, NY 10033<br>212 234-5091  | - Developmental Disabilities with some challenging behaviors - Moderate – severe level of disability - Age 21 + including seniors                                  | -Focus on skills acquisition, independence & productivity Activities in the community to promote real-life experience Emphasis on social, functional & daily living skills Spanish spoken - Wheelchair accessible   | Yes                     |

| Epilepsy Foundation<br>257 Park Ave. South<br>3 <sup>rd</sup> Floor<br>New York, NY 10010<br>(212) 677-8550 x 12<br>Brian Pinto | -Epilepsy <u>and</u> must also have a developmental disability -Age 18+ (must be out of school)                        | - Program runs 2-3 days per week, 5 hours per dayIndividualized program to assist people in achieving greater independence, inclusion, productivity -Travel training, counseling, vocational counseling, case management, psychological evaluations available -Wheelchair accessible but community sites may not be -About 75%-100% of time spent in community-based activities, depending on individual interests   | No, but<br>transportation<br>assistance is<br>provided |
|---|--|--|--|
| Esperanza Center<br>516 W 181 <sup>st</sup> Street<br>New York, NY 10033<br>(212) 928-5810<br>Inez Barnwell-McCoy               | -Developmental disabilities -May also be medically fragile -Resident of Manhattan or Bronx -Age 21+, including seniors | -Individual and person-centered planning in areas of self-care, independent living, motor skills, communication, and recreation -Provide opportunities for community inclusion -Speech therapy, counseling, psychological evaluations available -Bilingual staff (Spanish/English) -Wheelchair accessible -About 30% of time spent in  | Yes  |
| Esperanza Center<br>516 W. 181 <sup>st</sup> Street<br>New York, NY 10033<br>(212) 928-5810<br>Inez Barnwell-McCoy              | -Developmental<br>disabilities<br>-Resident of Manhattan<br>or Bronx<br>-Age 21+, including<br>seniors                 | community-based activities  -Supervised volunteer work at a variety of community sites, including hospitals, food pantries, and local parks. Other opportunities for community inclusion include participation at recreation center, restaurants, museums, library, and stores  -Counseling and psychological evaluations available  -Bilingual staff (Spanish/English)  -Wheelchair accessible  -About 50% or more time spent in community-based activities | Yes  |

| FEGS (Federation Employment & Guidance Services) 80 Vandam St. 6 <sup>th</sup> floor New York, NY 10013 (212) 366-8257 Anne Wolff | -Developmental disabilities -May also have a secondary psychiatric diagnosis -Age 21+, including seniors             | -Focus is skills oriented on: socialization, activities of daily living, community safety, communication, self-advocacy, work attitudes, and orientation -Token community -Sign language training -Occupational therapy, physical therapy, speech therapy, counseling, psychiatry, nursing, medical supervision, psychological evaluations available -Spanish, Tagalog spoken -Some staff fluent in sign language -Wheelchair accessible  -A minimum of 2 or 3 community- based activities per week | Yes |
|---|--|---|-----|
| FEGS<br>80 Vandam St.<br>6 <sup>th</sup> floor<br>New York, NY 10013<br>(212) 366-8257<br>Anne Wolff                              | -Developmental disabilities -Ambulatory -May also have a secondary psychiatric diagnosis -Age 21+, including seniors | -A person-centered program with individual choice -Community work experiences, community integration, self-advocacy -Increased socialization and independence -Occupational therapy, physical therapy, speech therapy, counseling, psychiatry, nursing, medical supervision, psychological evaluations available -Spanish spoken -Wheelchair accessible  -More than 50% of time spent in community-based activities   | Yes |

| FEGS "Hudson Square Center for Art & Habilitation" 80 Vandam St. 1st floor New York, NY 10013 (212) 366-8371         | -Developmental disabilities with behavior challenges -May also have a secondary psychiatric diagnosis -Ambulatory -Age 21+, including seniors   | -Goal is to provide inclusion experiences, to increase sense of self and ability to make choices -Volunteer activities, inclusion opportunities -On-site art studio with gallery available if desired -Behavioral intervention and counseling as needed -Occupational therapy, physical therapy, speech therapy, counseling, psychiatry, social work, cognitive rehabilitation, medical supervision, psychological evaluations available -Spanish spoken -Sign language available -Wheelchair accessible  -About 75% of time spent in community-based activities | Yes |
|--|---|--|-----|
| Gateway Counseling<br>Center<br>4500 Furman Ave.<br>Bronx, NY 10470<br>(718) 325-5021<br>Lillian Calero              | -Developmental disabilities with some challenging behaviors -May also have a secondary psychiatric diagnosis -Ambulatory -Age 18+, including seniors -Residents of northern Manhattan | -Bronx site -Activities that promote community inclusion and increase independence in the community: volunteer work and community activities -Behavior modification and counseling as needed -Psychiatric services available for monitoring and crisis intervention -Physician on staff -Breakfast & lunch provided -Spanish spoken -Wheelchair accessible  -About 75%-85% of time spent in community-based activities   | Yes |
| GHO General Human Outreach in the Community 125-10 Queens Blvd. Suite 2705 Kew Gardens, NY 11415 (718) 261-6552 x 20 | -Developmental<br>disabilities<br>-Ambulatory<br>-Ages 18-58  | -Focus on skills development in community integration, socialization, communication, self-advocacy -Volunteer opportunities in the community -Bilingual staff (Mandarin & Cantonese)  -About 50% of time spent in community-based activities   | Yes |

| Jewish Guild for the<br>Blind<br>15 W. 65 <sup>th</sup> St.<br>New York, NY 10023<br>(212) 769-6200<br>Nancy Ramputi x 6218 | -Developmental disabilities with visual impairment -May also have a secondary psychiatric diagnosis -Age 21+, including seniors         | -Habilitation services, mobility training, community inclusion to promote increased independence -Occupational therapy, physical therapy, speech therapy, counseling, psychology, psychological evaluations available -Spanish spoken  -From 1 to 3 community-based activities per week, depending on individual needs and desires  | Yes |
|---|---|---|-----|
| Life Adjustment Center<br>416 Lenox Ave.<br>New York, NY<br>212 938-1223<br>Lucy Kramer x 112                               | -Medically Frail -Non Ambulatory - Severe Intellectual Disabilities Age 18 & over   | -Related Services on site: Speech, OT/PT, Nursing   | Yes |
| Life Adjustment Center<br>90-96 Clinton Street<br>New York, NY<br>212 938-1223<br>Lucy Kramer x 112                         | -Developmental Disabilities - Severe Behavioral Challenges  | Related Services on Site  | Yes |
| Lifespire<br>159 E. 125 St.<br>New York, NY 10035<br>(212) 360-5600 x 230<br>Savan Moore                                    | -Developmental disabilities -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors | -Goal is to provide consumers with the assistance and support necessary to achieve a level of functional behaviors and cognitive skills which enable them to maintain themselves in their communities, in activities and settings of their choosing, and in the most independent, included, and productive manner possible -Snoezelen program (artificial sensory motor environment) -Occupational therapy, physical therapy, speech therapy, counseling, psychiatry, psychology, nursing, and psychological evaluations available -Spanish spoken -Wheelchair accessible | Yes |
|   |   | -About 50% of time spent in community-based activities  |     |

| Lifespire 27 W. 23 <sup>rd</sup> St., 4 <sup>th</sup> floor New York, NY 10010 (212) 645-7000 Pamela Garcia  | -Developmental disabilities/mental retardation-all levels -May also be medically fragile -Age 21+, including seniors  | -Emphasis on consumer choice and community inclusion -Program encourages independence and achievement of each person's valued outcomes -Each consumer helps create his/her own individualized schedule according to personal preference and needs -Speech therapy, counseling, psychotherapy, behavior specialists, psychological evaluations available -Spanish spoken  -A range of from 3 hours to 20 hours per week spent in community-based activities, according to consumer preference         | Yes |
|--|---|--|-----|
| Lifespire Fresh Start Program 159 E. 125 St. New York, NY 10035 (212) 360-5600 x 279 Tawana Lee  | -Developmental disabilities and challenging behaviors -May also have a secondary psychiatric diagnosis -Age 21+, including seniors  | -Goal is to discover activities that the individual enjoys and to maximize participation in those activities while minimizing challenging behaviors -Snoezelen program (artificial sensory motor environment) -Occupational therapy, physical therapy, speech therapy, counseling, nursing, psychiatry, psychology, psychological evaluations available -Spanish spoken -Wheelchair accessible  -About 20%-65% of time spent in community-based activities, according to individual choice and needs | Yes |
| OPWDD Office for People With Developmental Disabilities Washington Heights- Inwood Day Program 3333 Broadway Box 2000 New York, NY 10031 (212) 368-6544 Clarita Burnes | -Developmental disabilities/mental retardation-moderate to severe -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors | -Individualized services are directed to the acquisition of the behavior skills necessary for the person to function with as much self-determination and independence as possible for successful integration in the community -Psychology and nursing available -Spanish spoken -Wheelchair accessible  -About 1 or 2 community-based activities per week  | Yes |

| P.I.C.C Partnership for<br>Innovative<br>Comprehensive Care<br>17 W. 17 <sup>th</sup> Street<br>New York, NY 10011<br>(212) 480-9164<br>Shakima Thomas                      | -Developmental disabilities -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors                 | -Services determined by individual need and preference. Focus on health and safety, recreation, cognitive skills, independence, individualization, integration, and productivity -Counseling, psychological evaluations available -Mandarin and Cantonese spoken -Wheelchair accessible  -About 10-12 hours per week spent in community-based activities  | Yes |
|---|---|---|-----|
| P.I.C.C.<br>17 W. 17 <sup>th</sup> St.,<br>New York, NY 10011<br>(212) 480-9164<br>Shakima Thomas   | -Developmental<br>disabilities/mental<br>retardation - mild<br>-May also have a<br>secondary psychiatric<br>diagnosis<br>-Age 21+, including<br>seniors | -Goal is to help individuals have a better quality of life, to develop independence and cognitive skills, integrate into the community, develop greater appreciation for the arts, enhance awareness of good nutrition -Counseling, sexual counseling, psychological evaluations available -Spanish, Arabic, Italian, Mandarin, and Cantonese spoken -Wheelchair accessible  -About 3 community-based activities per week | Yes |
| QSAC<br>Quality Services for the<br>Autism Community<br>30-10 38 <sup>th</sup> St., 3 <sup>rd</sup> floor<br>Astoria, NY 11103<br>(718) 728-8476 x 1219<br>Annie Washington | -Developmental disabilities in the autistic spectrum -Ambulatory -May also have a secondary psychiatric diagnosis -Age 21+                              | -Volunteer work sites 4 days per week. Recreation 1 day per week. Prerequisite work skills are addressed at program site -Behavior intervention as needed -Occupational therapy, speech therapy available -Spanish spoken -About 75% of time spent in community-based activities  | Yes |

| Shield Institute<br>110 E. 107 <sup>th</sup> St.<br>New York, NY 10029<br>(212) 860-8400 x 4103<br>Cesar Chazarreta  | -Developmental disabilities -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors   | -Emphasis on person-centered planning and community-based activities -Occupational therapy, physical therapy, speech therapy, alternative and augmentative communication services, recreation therapy, therapeutic feeding, nursing, counseling, and social work available -Spanish spoken -Wheelchair accessible  -Currently, about 40% of time spent in community-based activities, with a goal of 80% | Yes |
|--|---|--|-----|
| Sinergia 134 West 29 <sup>th</sup> Street 4th floor New York, NY 10001 (212) 643-2840 Lore Barcelona x 318   | -Developmental disabilities/mental retardation – mild to profound -May also have a secondary psychiatric diagnosis -Age 21+, including seniors  | -Integration, inclusion in community in volunteer sites, recreation (including programs at the YMCA and NYC Parks & Recreation Services) -Independence and skills development - Bilingual (Spanish) staff -About 80% or more time spent in community-based activities  | Yes |
| Special Citizens Futures Unlimited, Inc. Anita Zatlow Center for Autism Services Day Habilitation Program 352 E. 55 <sup>th</sup> Street New York, NY 10022 917 583-9033 Tatjana Obradovic | <ul> <li>Developmental         Disabilities in             the Autistic             Spectrum     </li> <li>New High             School             Graduates who             live in             Manhattan</li> <li>Ambulatory</li> </ul> | -Individual & Person Centered planning in the areas of self-care, independent living, motor skills, communication, recreation, social skills & community inclusion.  - On-site art studio with gallery available if desired.  - Spanish, Serbian, Croatian, & Bosnian Spoken   | Yes |

| UCP of NYC United Cerebral Palsy of New York City 309 W. 23 <sup>rd</sup> St. New York, NY 10011 (212) 741-3540 Veronica McCormack 718 436-7600 ext. 156               | -Developmental disabilities with cerebral palsy and related physical impairments -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors | -Goal is to enable individuals to experience a meaningful life by gaining additional skills, expanding their involvement with the community, experiencing a variety of activities, and as much as possible, contributing to the wellbeing of others -Occupational therapy, physical therapy, speech therapy, nursing, counseling, psychological evaluations available -Spanish spoken -Wheelchair accessible  -About 20% of time spent in community-based activities                                 | Yes |
|--|--|--|-----|
| UCP of NYC<br>122 E. 23 <sup>rd</sup> St.<br>New York, NY 10010<br>(212) 677-7400<br>Veronica McCormack<br>(718) 436-7600 ext 156                                      | -Developmental disabilities with cerebral palsy and related physical impairments -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors | -Goal is to enable individuals to build a meaningful life by gaining increased skills, expanding their involvement with the community, experiencing a variety of activities, and as much as possible, contributing to the well-being of others -Occupational therapy, physical therapy, speech therapy, nursing, counseling, psychological evaluations available -Spanish spoken -Wheelchair accessible  | Yes |
| UCP of NYC Manhattan Day & Evening Habilitation Program 122 E. 23 <sup>rd</sup> St. New York, NY 10010 (212) 677-7400 x 329 Veronica McCormack (718) 436-7600 ext. 156 | -Developmental disabilities with cerebral palsy and related physical impairments -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors | community-based activities  -Goal is to enable individuals to build a meaningful life by gaining increased skills, expanding their involvement with the community, experiencing a variety of activities, and contributing to the well-being of others  -Hours 9am-3pm or 2pm-9pm  -Occupational therapy, physical therapy, speech therapy, nursing, counseling, psychological evaluations available  -Spanish spoken  -Wheelchair accessible  -About 45% of time spent in community-based activities | Yes |

| UCP of NYC The RITES Day Habilitation Program 120 E. 23 <sup>rd</sup> St., 4 <sup>th</sup> floor New York, NY 10010 (212) 979-9700 x 601 Veronica McCormack (718) 436-7600 ext. 156 | -Developmental disabilities, including cerebral palsy and related physical impairments -Age 18+  | -The Reaching Independence Through Employment Skills program helps individuals increase employment and independence skills through work opportunities (food service, retail, clerical, maintenance, etc.) -Travel training provided on as- needed basis -Occupational therapy, physical therapy, speech therapy, nursing, counseling, wheelchair clinic, psychological evaluations available -Spanish spoken -Wheelchair accessible  -About 50%-100% of time spent in work-related activities, according to consumer's choice -Amount of time spent in community-based activities also according to consumer's choice | Yes |
|---|--|---|-----|
| UCP of NYC<br>408 E. 137 <sup>th</sup> St. (&<br>Willis Ave.)<br>Bronx, NY 10454<br>(212) 677-7400<br>Pamela Johnson x 237  | -Developmental disabilities and cerebral palsy & related physical impairments -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors -Residents of northern Manhattan | -Bronx site -Goal is to enable individuals to build a meaningful life by gaining increased skills, expanding their involvement with the community, experiencing a variety of activities, and contributing to the well-being of others -Occupational therapy, physical therapy, speech therapy, counseling, psychological evaluations available -Actively bilingual (Spanish) program -Heterogeneous program where consumers are grouped according to their interests -Wheelchair accessible  -About 50% of time spent in community-based activities, as per consumers' chosen activities                              | Yes |
| UCP of New York State:<br>See Cerebral Palsy<br>Assn of N.Y. State  |  |   |     |
|   | -  |   |     |

| YAI/National Institute<br>for People with<br>Disabilities<br>Sensory Training<br>Program<br>320 W. 13 <sup>th</sup> St.<br>New York, NY 10014<br>(212) 645-1616<br>Domingo Hernandez x<br>634 | -Developmental disabilities, nonambulatory, requiring total assistance -May also be medically fragile -Age 21+, including seniors       | -Program provides sensory and motor training to enhance individuals' awareness of themselves, others, and the environment -Activities emphasize sensory development, personal care, cognitive development, communication, socialization, community inclusion -Occupational therapy, physical therapy, speech therapy, psychology, counseling, social work, nursing, medical supervision, psychological evaluations available -Spanish spoken -Sign language utilized as needed -Wheelchair accessible   | Yes |
|---|---|---|-----|
| YAI/National Institute<br>for People with<br>Disabilities<br>S.E.L.F. Program<br>320 W. 13 <sup>th</sup> St.<br>New York, NY 10014<br>(212) 645-1616<br>Domingo Hernandez x<br>634            | -Developmental disabilities -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 21+, including seniors | activities per week -Skill Enhancement for Life Function Program maximizes individuals' potential to be independent in daily living activities through participation in a variety of productive activities -Focus on social skills, self-care, rights and responsibilities, volunteer community service jobs, recreation, community inclusion -Occupational therapy, physical therapy, speech therapy, psychology, counseling, social work, nursing, medical supervision, psychological evaluations available -Spanish spoken -Sign language utilized as needed -Wheelchair accessible  -At least 3 community-based activities per week, varies according to individual needs and desires | Yes |

| YAI/National Institute<br>for People with<br>Disabilities<br>S.T.E.P. Program<br>320 W. 13 <sup>th</sup> St.<br>New York, NY 10014<br>(212) 645-1616<br>Domingo Hernandez x<br>634 | -Developmental disabilities -May also have a secondary psychiatric diagnosis -Age 21+, including seniors | -Supervised Training Enhancement Program helps individuals learn vocational skills to be productive community service volunteers -Focus on enhancing social skills, self management, rights and responsibilities, employee etiquette, general work behavior, travel skills -Occupational therapy, physical therapy, speech therapy, psychology, counseling, social work, nursing, medical supervision, psychological evaluations available -Spanish spoken -Sign language utilized as needed -Wheelchair accessible  -About 20%-80% of time spent in community-based activities, according to individual needs and desires | Yes |
|--|--|--|-----|
| YAI/National Institute<br>for People with<br>Disabilities<br>Seniors Program<br>320 W. 13 <sup>th</sup> St.<br>New York, NY 10014<br>(212) 645-1616<br>Domingo Hernandez x<br>634  | -Developmental disabilities -May also have a secondary psychiatric diagnosis -Seniors                    | -Program emphasizes health, socialization, options, productivity, supports -Focus on nutrition, recreation, exercise, personal care, community excursions, health, rights and responsibilities -Participation in community activities with non-disabled peers -Occupational therapy, physical therapy, speech therapy, psychology, counseling, social work, nursing, medical supervision, psychological evaluations available -Spanish spoken -Sign language utilized as needed -Wheelchair accessible  -A range from 4 short community-based activities to a half-day per week, according to individual needs and desires | Yes |

| YAI/National Institute<br>for People with                        | -Developmental disabilities            | -Community service training program to enhance productivity, | Yes |
|--|--|--|-----|
| Disabilities<br>406 10 <sup>th</sup> Ave., 9 <sup>th</sup> floor | -May also have a secondary psychiatric | foster independence, and promote inclusion in the community  |     |
| New York, NY 10001   | diagnosis                              | -Participants work on social skills,                         |     |
| (212) 645-1616 x 634<br>Domingo Hernandez                        | -Age 18+                               | work skills, community awareness, travel training            |     |
|  |  | -Volunteer work -Occupational therapy, physical              |     |
|  |  | therapy, speech therapy, counseling, psychological           |     |
|  |  | evaluations available -Spanish spoken                        |     |
|  |  | -Wheelchair accessible                                       |     |
|  |  | -About 95%-100% of time spent in community-based activities  |     |

# DAY HABILITATION WITHOUT WALLS

This service is individualized and generally provides day habilitation on an individual basis or in small groups. They will often begin at either the individual's home or may have a central meeting place in the community.

| AHRC,NYC Day Habilitation Without Walls 83 Maiden Lane New York, NY 10038  | - OMRDD Eligible - Medicaid Eligible - New or unplaced Dept. of Ed. graduates   | <ul> <li>Program provides individualized community based services.</li> <li>Recreational, Social &amp; volunteer activities in the community</li> </ul>  | Yes, by 1:1<br>staff using<br>public<br>transportati<br>on, Access-   |
|--|---|--|---|
| 212 895-3465 Heather Gazzaley Center for Family Support Day Habilitation without Walls 333 7th Ave. 9th Floor New York, NY 10001 (212) 629-7939 Serena DeSilva | - Developmental<br>disabilities<br>- May also be non-<br>ambulatory<br>- May also have<br>behavioral challenges<br>- Age 18 +           | - Completely inclusionary program based on consumer's choices and desires - One-to one staffing - Recreational and volunteer activities in the community - Hours and days based on consumer need, up to 30 hours/week -100% person-centered -Adult living/recreational groups also available for socialization | a-Ride, car<br>service, etc.<br>Yes, by 1:1<br>staff using<br>public<br>transportati<br>on, Access-<br>a-Ride, car<br>service, etc. |
| Contemporary   | OMRDD & Medicaid  | -100% of time spent in community-based activities - Completely inclusionary program  | Yes, by 1:1   |
| Guidance Services<br>(CGS)<br>52 Broadway<br>New York, NY 10004<br>(646) 214-1315<br>Yvonne Vega   | Eligible  | based on consumer's choices and desires - One-to one staffing - Recreational and volunteer activities in the community   | staff using<br>public<br>transportati<br>on or<br>MetroCard<br>Given  |
| Job Path 22 W. 38 <sup>th</sup> St. New York, NY 10018 (212) 944-0564 x 232 Carolann Granata   | -Developmental disabilities -May also have a secondary psychiatric diagnosis -May also be medically fragile -Age 18+, including seniors | -Helps people make choices about their lives and connects them to volunteer jobs and social and recreational opportunities and supports them throughout -One-to-one staffing -Flexible hours, according to consumer's choice -Spanish spoken -Wheelchair accessible  | Yes, by 1:1<br>staff using<br>public<br>transportati<br>on  |
|  |   | -100% of time spent in community-based activities  |   |