



# FREE WORKSHOPS

## JANUARY 2012

Workshops for all parents, professionals, and caregivers. No children please.

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### **Advocacy Tips for Parents and Family Members**

*Presenter: Michael Bolton, Director, Recreation Services Amy Fried, Director, Brooklyn Day Habilitation Program Sandy Napor, Community Outreach Family Coordinator, Amy Bittinger, Moderator*

Learn more about what it really takes to advocate for your child.

Also learn about other forums where you can participate at different levels to advocate for your family member and other advocacy systems.

Jan 11th 160 Lawrence Ave. Brooklyn, NY Rm 205

10am-12pm. Refreshments at 9:30am.

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### **Turning 5: Transition**

*Presenter: Resources for Children with Special Needs*

You will understand the steps, options and possibilities for your child with special needs entering Kindergarten.

Jan 24th 122 E 23rd St. NY, NY. 4th Fl

10am-12pm. Refreshments at 9:30am

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### **Transition: Preschool Special Education to School Age Special Education**

*Presenter: Karen Samet, Director, Brooklyn Early Childhood Direction Center.*

Preschool children born in 2007 will graduate and attend public school in September 2012. Learn about the process including: the Committee on Special Education (CSE), school age services, Least Restrictive Environment, Kindergarten enrollment, due process and advocacy for your child.

Jan 26th 160 Lawrence Ave. Brooklyn, NY Rm 205

10am-12pm. Refreshments at 9:30am

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To RSVP for a workshops please call:

718-436-7979 ext 7704

familyconnect@ucpnyc.org





# FREE WORKSHOPS

February 2012

Workshops for all parents, professionals, and caregivers. No children please.

## Helping Your Child with a Disability Learn to Read

*Presenter: Carrie Banks, Brooklyn Public Library*

It's never too early to learn! Learn five easy things you can do with your baby, toddler and preschooler to help them learn to read.

Feb 2nd 160 Lawrence Avenue, Brooklyn, NY 11230. Room 205

10am-12pm. Refreshments at 9:30am

## Turning 5: Transition

*Presenters: Resources for Children with Special Needs*

You will understand the steps, options and possibilities for your child with special needs entering Kindergarten.

Feb 8th 1770 Stillwell Avenue, Bronx, NY 10469. 1st Floor

10am-12pm. Refreshments at 9:30am.

## Health Care Services at UCP of NYC

*Presenter: Laura DeCarlo, Director of Operations, Clinic Services UCP of NYC*

Learn about the Health Care Services that we provide at UCP of NYC and how to access them. Also, learn the role of the various clinicians of the health care team.

Feb 9th 160 Lawrence Avenue, Brooklyn, NY 11230. Room 205

10am-12pm. Refreshments at 9:30am.

## Simple Language Literacy Aids to Make

*Presenter: Mary Jacobson, SHARE Librarian at UCP of NYC*

Participants will select picture symbols to create sentence structures for children who may be communicating through pictures. A communication sentence strip will be provided and used to arrange and store symbols to encourage choice-making and literacy skills. Parents and caregivers will take home a communication strip that they have made to use with their child.

Feb 16th 160 Lawrence Avenue, Brooklyn, NY 11230. Room 205

10am-12pm. Refreshments at 9:30am.

## Person Centered Planning

*Presenter: Amy Bittinger and Scott Feldman, UCP of NYC*

PCP is a process used to help individuals with disabilities and their families plan for the future. This process provides an understanding on the individual and focuses on their gifts, talents and skills. Presenters will give examples of how the planning process works, the importance of your input and why your participation is so important.

Feb 29th 160 Lawrence Avenue, Brooklyn, NY 11230. Room 205

10am-12pm. Refreshments at 9:30am.

o RSVP for a workshops please call:

8-436-7979 ext 7704

milyconnect@ucpnyc.org



## People with Developmental Disabilities and Law Enforcement

Catherine Jones, LCSW  
YAI Crisis Intervention Program

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## Programs bridging the gap

- Barrier Free Justice and Project Shield
  - Both at the Brooklyn DA's Office
  - Both collaborative programs between DA and community agencies specializing in disability services
    - Barrier Free Living
    - South Brooklyn Legal Services
    - YAI
  - Provide direct service to crime victims with disabilities, provide training on prevention and response to crime victims with disabilities

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## Why is this necessary?

- Abuse of people with disabilities is a huge problem
  - Among adults who are developmentally disabled, as many as 83% of females and 32% of males are victims of sexual assault. *Johnson, L, Singler, R. (2000). "Forced Sexual Intercourse Among Intimates." Journal of Interpersonal Violence. 15(1).*
  - 49% of people with developmental disabilities who are victims of sexual assault will experience 10 or more abusive incidents. *Valenti-Helm, D., Schmitz, L. (1995). The Sexual Abuse Interview for Those with Developmental Disabilities. James Stanfield Company. Santa Barbara, California.*
  - Children with disabilities are 3.44 times more likely to be victims of abused than children without disabilities. *Sullivan & Knutsen (2000).*
  - The DOJ's National Crime Victimization Survey (Harrell & Rand, 2010) found that the age-adjusted violent victimization rate for people with disabilities was almost twice the rate of people without disabilities.

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## Why is this necessary?

- Abuse against people with disabilities is alarmingly under-reported
  - Only 3% of sexual abuse cases involving people with developmental disabilities are ever reported. *Valenti-Heim, D., Schwartz, L. (1995). The Sexual Abuse Interview for Those with Developmental Disabilities. James Stanfield Company. Santa Barbara: California.*
- Law enforcement has little or no training in working with people with disabilities

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## Goals

- Increase awareness about the prevalence of crime and abuse perpetrated against people with disabilities
- Improve the response of law enforcement to reports of abuse perpetrated against people with disabilities
- Increase access to criminal justice for people with disabilities
- Increase offender accountability

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## Challenges

- Most people don't realize how serious this problem is
- Most people don't know how to respond when abuse is reported/discovered
- Delayed reporting leads to more complicated criminal justice responses
- Law enforcement doesn't "get" disability
  - Fear
  - Communication
- Just as OPWDD is under scrutiny, so is NYPD
- Law enforcement is "black and white," disability isn't

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**Specific challenges for people with ID/DD in the criminal justice system**

- Swearability
  - Ability to understand what it means to "swear to tell the truth"
- Capacity
  - To consent
  - To testify
- Credibility
  - Often questioned for victims with disabilities

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**What has been successful**

- Building rapport with law enforcement
- Ask them for help
- Train informally as much as formally
- Know your audience
  - Law enforcement is a distinct culture
- Clarity of roles
- Know the system and what to expect
- Appreciate where law enforcement is coming from
  - Immense pressure and scrutiny

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**What didn't work.**

- Asking law enforcement if we can train them
- Telling police that they don't understand disability
- Getting aggressive or angry
- Being overly PC

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### Things to understand about law enforcement

- It's all about evidence.
- Precincts vs. Special Victims Units
  - New procedures for SVU assignment to cases
- Hierarchy is important
  - Officers vs. detectives vs. sergeants, etc.
- Calling 911 vs. other methods of reporting
  - "Beat" cops vs. detectives vs. SVU
- Arrest is the case closing for NYPD, but not the end of the road for everybody else

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### Thoughts on improving relationships with law enforcement

- Outreach to local precincts and SVU
  - Build rapport
  - Introduce them to our population when there's NOT a crisis
  - Use the opportunity to train informally
- Train, but train discreetly
  - Humility is key.
  - Make contacts at One Police Plaza
- Collaborate & build alliances

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### Implications for our programs

- Screening
  - Specific
  - At regular intervals
- Training: staff and individuals/consumers
  - What is abuse, how to report, what to expect
- Continued contact with law enforcement, continued improvement of relationship between our programs and law enforcement

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**Contact info**

Catherine Jones, LCSW  
YAI Crisis Intervention Program  
(212) 273-6100 x. 2373  
(718) 793-2182 x. 242  
Catherine.jones@yai.org

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## ABOUT THE HEALTH EDUCATION WORKSHOPS

Premier HealthCare is proud to once again offer a series of free Health Education Workshops designed for service coordinators, residential health care staff and other professionals serving people with intellectual and developmental disabilities (ID/DD) throughout New York City.

People with ID/DD often have complex health care needs. As an experienced provider of medical, medical specialty, dental, rehabilitation and mental health services, the staff of Premier HealthCare understand the importance of coordinated care.

### ABOUT PREMIER HEALTHCARE

Premier HealthCare provides expert primary and specialty health care – a comprehensive array of medical, dental, mental health, rehabilitation and support services under one roof, which enables individuals and their families to easily access all the treatment they require.

Cited by both the National Council on Disability and the U.S. Surgeon General as a national model for the provision of health care for people with ID/DD, Premier HealthCare has raised the standard of health care services for children and adults with disabilities.

Premier HealthCare is nationally certified as a Patient Centered Medical Home by the National Committee on Quality Assurance (NCQA).

For more information or to make a referral, call YAI [LINK](http://LINK) at 212-273-6182.

### REGISTRATION

Space is limited, so registration is required by calling [YAI LINK](http://YAI LINK) at 212-273-6182. You will receive a confirmation of registration by phone, e-mail, or mail, so be sure to leave us your contact information.

For a digital copy of this brochure please visit [yal.org/hews](http://yal.org/hews)

Medical Case Coordination  
Registration to

Premier HealthCare is an innovative medical practice offering a full range of high quality, state-of-the-art primary care, medical specialty, dental, rehabilitation and mental health services specifically designed for people with intellectual, developmental, physical and learning disabilities and their families.

Our locations include:

**Manhattan**  
*Midtown West*  
460 W. 34th St.  
Entrance at  
406 Tenth Ave.  
New York, N.Y. 10001  
212-273-6515

**Bronx**  
*Pelham Bay*  
3060 E. Tremont Ave.  
Bronx, N.Y. 10461  
718-239-1790

**Queens**  
*Bayside*  
211-11 Northern Blvd.  
Bayside, N.Y. 11361  
718-705-1000

**Brooklyn**  
*Brooklyn Heights*  
175 Remsen St.  
Brooklyn, N.Y. 11201  
718-306-1300

*Marine Park*  
3364 Nostrand Ave.  
Brooklyn, N.Y. 11229  
718-743-3850

For referrals to health care services or to any of the programs offered throughout the YAI Network, call [YAI LINK](http://YAI LINK) at 1-866-2-YAI-LINK (1-866-292-4546) or 212-273-6182

TDD: 212-290-2787  
[yal.org](http://yal.org)



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Director, Clinical & Family Services

Evelyn Magdaleno, L.C.S.W.  
Assistant Director, Clinical & Family Services

Free  
Workshops!



A Member of YAI Network

## HEALTH EDUCATION WORKSHOPS

For professionals serving people with intellectual and developmental disabilities, including autism, cerebral palsy, neurological impairments, epilepsy, and related conditions.

WINTER 2012



## **BROOKLYN - MARINE PARK PRACTICE**

Monday, January 23, 2012

CHECK-IN: 10:45 a.m.

**A. 11 a.m. - 12:30 p.m. HOW ANXIETY AFFECTS THE LIVES OF INDIVIDUALS WITH AUTISM AND TREATMENTS THAT HELP**

Charles Cartwright, M.D., Director, YAI Autism Center & Chief, Premier HealthCare Autism Institute

Gain a greater understanding of the patterns of anxiety that impact the lives of individuals with autism spectrum disorders as well as their families. Learn about therapies, strategies and the role of medication. Audience participation will be encouraged.

## **BRONX - PELHAM PRACTICE**

Wednesday, January 25, 2012

CHECK-IN: 9:45 a.m.

**B. 10 - 11:30 a.m. CRITICAL ELEMENTS IN COMPREHENSIVE AND ACCURATE PSYCHOLOGICAL EVALUATIONS**

Glenn Ellenbogen, Ph.D., Supervisor of Psychological Assessments, YAI Center for Specialty Therapy

Professionals in the field of ID/DD must understand the core components of psychological assessments needed in order to establish eligibility and assemble the most effective array of services for the individuals and families that they serve. We will review the critical elements of various IQ tests and adaptive behavior scales, bilingual assessments, nonverbal assessments, PDD and ADHD diagnoses, and assessments of individuals who are not testable by traditional IQ measures.

CHECK-IN: 11:30 a.m.

**C. 11:45 a.m. - 1:15 p.m. PLAY SKILLS AND IMAGINATION IN CHILDREN WITH AUTISM**

Jill Krata, Ph.D., Manager of Clinical Services, YAI Autism Center & Associate Chief of the Premier HealthCare Autism Institute

Since play is critical to a child's capacity to understand and relate to the social world, providing opportunities for children with autism to become competent in play is of prime importance. Teaching play in a structured and systematic way gives the child the tools to play independently, and ultimately to interact with peers. This workshop will discuss how play skills and imagination for children with autism can be useful for families in the therapy room or on the playground.

## **QUEENS - BAYSIDE PRACTICE**

Monday, January 30, 2012

CHECK-IN: 10 a.m.

**D. 10:15 - 11:45 a.m. "NEEDLES, DRILLS AND BLOOD, OH MY!" DESENSITIZATION TECHNIQUES FOR RESISTANCE TO MEDICAL AND DENTAL PROCEDURES**

Chrystalla Orthodoxou, D.D.S., Chief of Dentistry, Premier HealthCare

Abigail Tayamen-Macatangay, OTR/L, Assistant Chief of Rehabilitation Services, Premier HealthCare  
Danielle Eckert, M.S., OTR/L, Premier HealthCare

Do the people you serve run away screaming when they see a needle or hear the dentist's drill? A visit to the doctor's office can be especially threatening to individuals with ID/DD and autism spectrum disorders. Hear some tried and true techniques for managing fear of medical, nursing or dental procedures.

CHECK-IN: 11:45 a.m.

**E. Noon - 1:30 p.m. PLAY SKILLS AND IMAGINATION IN CHILDREN WITH AUTISM**

Jill Krata, Ph.D., Manager of Clinical Services YAI Autism Center & Associate Chief of the Premier HealthCare Autism Institute

Since play is critical to a child's capacity to understand and relate to the social world, providing opportunities for children with autism to become competent in play is of prime importance. Teaching play in a structured and systematic way gives the child the tools to play independently, and ultimately to interact with peers. This workshop will discuss how play skills and imagination for children with autism can be useful for families in the therapy room or on the playground.

## **BROOKLYN HEIGHTS PRACTICE**

Wednesday, February 8, 2012

CHECK-IN: 10:30 a.m.

**G. 10:45 a.m. - 12:15 p.m. BEHAVIOR MANAGEMENT 101: PROMPTING AND FADING**

Lana Small, M.S.W., Coordinator, YAI Project A.S.S.I.S.T.  
Mary Downing, B.A., Senior Supervisor, YAI Project A.S.S.I.S.T.

Waiting for a learner to produce a correct behavior or response on his/her own would make the learning process an extremely long and ineffective one. This presentation will give an introduction on the using and fading of prompts to achieve desired behavioral outcomes.

CHECK-IN: 12:15 p.m.

**H. 12:30 - 2 p.m. ABUSE PERPETRATED AGAINST PEOPLE WITH ID/DD: HOW TO IDENTIFY, HOW TO RESPOND, HOW TO HELP**

Catherine Jones, L.C.S.W., Senior Supervisor, YAI Crisis Intervention and Sexuality Training Programs, formerly Senior Clinical Supervisor, Victim Services Unit, Brooklyn District Attorney's Office

People with disabilities are abused at alarmingly high rates, and service providers often feel anxious and overwhelmed about how to confront this issue and what to do when confronted with reports of abuse. This workshop will help attendees to understand this issue, provide tools to address the issue, and offer a forum for discussion about how we, as service providers, can best protect individuals with ID/DD from abuse.

## **MANHATTAN - MIDTOWN WEST PRACTICE**

Monday, February 13, 2012

CHECK-IN: 10:45 a.m.

**I. 11 a.m. - 12:30 p.m. HOW ANXIETY AFFECTS THE LIVES OF INDIVIDUALS WITH AUTISM AND TREATMENTS THAT HELP**

Charles Cartwright, M.D., Director, YAI Autism Center & Chief, Premier HealthCare Autism Institute

Gain a greater understanding of the patterns of anxiety that impact the lives of individuals with autism spectrum disorders as well as their families. Learn about therapies, strategies and the role of medication. Audience participation will be encouraged.

## **MANHATTAN - MIDTOWN WEST PRACTICE**

Friday, February 17, 2012

CHECK-IN: 9:15 a.m.

**F. 9:30 - 11 a.m. UPCOMING CHANGES IN FUNDING AND PROGRAM DESIGN FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES—WHAT YOU NEED TO KNOW**

Marco Damiani, M.A., Senior Director, YAI Clinical and Family Services

The field of developmental disabilities in New York State is at a critical crossroads. Funding mechanisms for services will change dramatically over the next several years. These changes will provide both opportunities and challenges for people with developmental disabilities, their families and the provider community. This session will spell out what we currently know, what we might expect to change, and explore some strategies that may be helpful in navigating these changing times.

Please see [www.yai.org](#) for addresses  
of all the activities and to register.