

FAMILY SUPPORT SERIES

for Caregivers of People with Autism Spectrum Disorders (ASD)

WINTER 2011 SCHEDULE

Pre-Registration
is Required by
Calling
YAI LINK at
212-273-6182

STRUCTURE:

1st Half
Presentation
2nd Half Support

FEE:
None!

*Parents and
Caregivers
Only -
No Children
Please*

LOCATION:

460 West 34th St.
11th Floor
New York, NY
10001

Monday, January 10th 10 am — 12:30 pm
The Role of Medication in the Treatment of Emotional and Behavioral Concerns For Children on the Spectrum
Charles Cartwright, MD, Director, YAI Autism Center

Wednesday, January 19th 10 am — 12:30 pm
Picky Eaters: What to do When Your Child Won't Eat
Catherine Conway, MS, RD, CDN, CDE, Chief of Nutritional Services, YAI Network

Tuesday, January 25th 10 am — 12:30 pm
Auditory Processing Disorders and Autism—Is There A Link?
Dr. Donald A. Vogel; AuD, NY State Licensed and Board Certified in Audiology, Premier Health Care; Assistant Professor, Hunter College

Monday, January 31 6 pm—8 pm
Open Topic
Laura Mitchell, LMSW, Assistant Supervisor, and Whitney Cottle, YAI LINK

Wednesday, February 2 10 am—12:30 pm
Task Analysis: From Giant Steps to Baby Steps Using Toilet Training as an Example
John Dobrosky, M.Ed, MPA, Assistant Director, YAI Family Services & Mary Downing, BA, Sr. Supervisor, YAI Project Assist

Monday, February 7 10am-12:30pm
How to use Blogs and Social Networking for Support, Advocacy, and Information
Rebecca Wilson, Media Consultant, YAI Autism Center

Monday, February 14th 10 am — 12:30 pm
Turning 5: The Transition to Kindergarten
Marilyn Rubinstein, MS, Director, Early Childhood Direction Center

Tuesday, March 1st 10 am—12:30 pm
The Day Service Continuum: From Day Habilitation to the World of Work
Mary E. Knox, LCSW, Coordinator of Clinical Support Services, Day Services Department & Madeline Rosensweet, Senior Coordinator, Employment Initiatives Department

Thursday, March 10th 10am—12:30 pm
Using ABA Principles During Routine Family Activities to Promote Communication Skills
Michael Boardman, MA BCBA, ABA Supervisor, YAI Autism Center, Anisha Foster, MA BCBA, ABA Specialist & Maureen Dormody-Shields, MS, YAI/NYL Lifestart Program

Wednesday, March 23rd 10 am — 12:30 pm
Stand, Stretch, Breathe: A Yoga Class for Parents with Take Home Tips for Your Child
Laura Mitchell, LMSW, LMT, YAI LINK, Certified Kripalu Yoga Instructor, & Kami Evans, Registered Yoga Teacher, Special Needs and Children Certified Yoga Instructor, Elahi Yoga

www.yai.org/autismsupport



LINK MEMO

TO: DD Council
FROM: Cathy Bechler
DATE: January 10, 2011
RE: Vacancies

FAMILY SERVICES VACANCIES:

- **Family Support Group for Caregivers of Children with Autism (all ages)** – Parent/caregiver support group for parents of children with Autism. New groups begin in January people can go to some or all topics that are of interest. To pre-register and get more information, please contact YAI LINK at 212-273-6182. A schedule of the groups can be found through YAI's website: <http://yai.org/autism>
- **YAI Autism Center** – in conjunction with Elahi Yoga will be offering private pay programs in Yoga with Ballet or Dance, Family yoga, a LEGO club, cooking club, social skills groups, music therapy, and the “7 Sense” explorers; starting soon. Call 1-888-YAI-AUTISM for more information.
- **YAI Autism Center** – Accepting inquiries for the Manhattan Star Academy, a unique learning opportunity for elementary school children. Call Rae Eisdorfer at 212-420-0510 for more information, application and tuition.
- **Project Intervene** - 6-week toilet training program for parents living in Manhattan. Contact Natalia Echeverri at 212-273-6297.
- **Manhattan Family Reimbursement** – Contact Shanique Soto at 212-273-6585
- **Manhattan Based Recreation programs (including Manhattan Evening Adjustment Program and the Alumni Club)** - Recreation programs for individuals with DD 18+, Tuesdays through Saturdays. Openings for individuals living anywhere in NYC. Activities include weeknight group activities and Saturday trips. All levels welcome. No transportation provided. Contact Pamela Accardo at 212-645-1616 x 618 or Edna Bey at 212-645-1616 x620.
- **Manhattan Overnight Respite** – Ages 5 and up. Must be ambulatory. Contact Vanessa White Germany at 212-255-2673.
- **Manhattan Holiday Respite** – Accepting referrals for the school holiday respite for children aged 6 – 18. Contact Tanicqua Davis at 212-273-6503
- **Independent Living Program** – 6 month classroom course for Adults looking to develop their independent living skills. For Brooklyn, Queens and Manhattan residents. For application forms call Shanique Soto 212-273-6585.
- **Autism Social Skills Groups** – currently accepting applications for Social Skills group for children on the Autism Spectrum residing with their family in Manhattan and Brooklyn. For more information contact YAI LINK at 212-273-6182.
- **Leisure Trax** – vacations/trips for adults 18 or older, free or low cost for those living at home in the Bronx. Trips are open to groups from other Boroughs – contact Sarah Baier at 212-273-6658.
- **Brooklyn Extend-a-family** – Overnight respite provided in home of host family. Ready availability for young children who are non-ambulatory. Contact Cheryl Jones at 718-743-5311. Also looking for Brooklyn families who would like to host, families are fully trained and reimbursed by YAI, call Cheryl Jones for more information.
- **Brooklyn In-Home respite** – In-home respite provided in the home to provide respite to the caregiver. Contact Danielle Phanord Alexis 718-769-4369 x2848.
- **Brooklyn Saturday Drop Off** – Saturday Recreation program for 16+. Contact Cheryl Jones 718-743-5311.
- **Brooklyn Friday Night Social** – Friday evening recreation for 16+. Contact Nefie White 718-793-2182 x 218.
- **Brooklyn Children & Adolescent Program (BCAP)** – Saturday recreation program 6+. Contact Nefie White 718-793-8695 x 218.
- **Brooklyn Leisure Trax** – Recreation program for 16+. Contact Nefie White 718-793-8695 x 218.
- **Project Grow** – 7-week parent training for parents of children with Developmental Disabilities. Program available to parents whose children live at home with them in Manhattan, the Bronx, or Staten Island. Day and Evening groups in English, Spanish and Cantonese available. Call 212-273-6259.
- **Project Grown-up** – 7-week parent training for parents of children with Developmental Disabilities. Program available to parents whose children live at home with them in Manhattan. Day and Evening groups in English, and Cantonese. Call 212-273-6259.
- **Queens Family Training Program** – 6 week parent training for parents of children with Developmental Disabilities in English and Spanish through the Queens Crisis Intervention program, contact Jackie Nuñez 718-793-2182 x 231
- **Queens Saturday Recreation Programs** – Recreation programs for age 16+. Contact Michael VanConant 212-645-1616 x 667
- **Queens Thank Goodness it's the Weekend** – Evening social 2 Fridays a month, age 16+. Michael VanConant 212-645-1616 x 667

TO: SERVICE COORDINATORS
FROM: JUDY DEIASI
DATE: January 3, 2011
RE: **AHRC PROGRAM VACANCIES**



Please look through this list of services offered by AHRC that have projected vacancies for January (or immediately) and contact the person indicated if you have someone who can possibly fill that spot or is in need of the service.

OVERNIGHT RESPITE: Guests must be age 4 and up, and must be weight bearing if non-ambulatory. Cannot be seriously medically involved where extra nursing staff would be necessary. *Families should apply for respite before the need arises; the application has to be approved beforehand.* Contact Veronica McGibbon at (212) 780-2605.

IN-HOME RESPITE: Waiting list for people ages 3 and over in Brooklyn, Manhattan, Bronx, and Queens. Require proof of developmental disability. Contact Home Care Services at (212) 780-2520.

COMMUNITY HABILITATION: Waiting list for people from birth (with EI Service Coordination) and up in all 5 boros. Person must meet eligibility for Medicaid Waiver. Contact Home Care Services at (212) 780-2520.

EARLY INTERVENTION HOME-BASED SERVICES/EVALUATION SERVICES: Home based services mandated by IFSP for children ages 0 - 3 in Brooklyn and the Bronx. Includes special instruction, family training, Speech therapy, Occupational Therapy, and Physical Therapy. Contact Gail Kenna for Home-Based, 212-780-2750, and Iris DeJesus for Evals, 212-780-2755.

EMPLOYMENT and BUSINESS SERVICES:

Brooklyn Day Hab without Walls: Vocational training, transportation provided as needed, paid and non paid work experience provided in the community, and recreational activities included. Ages 18-25, meets Monday through Friday between 9am - 3pm. Contact Shameeka McDuff at 646-845-6013.

Brooklyn Day Hab: Some of the services and activities provided are: personal hygiene skills, self care, socialization skills, money management, mobility training, life skills training, reading and writing, anger management, relaxation techniques, proper nutrition, healthy exercise and recreational type activities. Additionally, individuals volunteer at different sites and participate in diverse community events. Contact Shameeka McDuff at 646-845-6013.

Job Connection Center-Psycho-social Clubhouse (Brooklyn): A small innovative program, with highly trained and experienced staff, specifically designed to support individuals who are dually diagnosed (MR/MI) in obtaining and maintaining a job. Call Shameeka McDuff at 646-845-6013.

Staten Island Day Hab Without Walls – This program offers the opportunity for community activities including volunteering and social outings. The primary premise is to prepare people to move out of the DH and into employment.

Staten Island YAIP Careers: 14 week paid internship program for 16-24 year old, disabled and non-disabled youth, residing mainly in Staten Island (community district 1), but they can take a select few from anywhere else in the five boroughs. For both SI programs, contact Candi Genovese at 718-442-1578.

Youth Careers/Janitorial Training Program/ Food Service Training program: OSY Pre-Vocational training program for NYC residents with DD or LD and/or low income; 18 – 21 years old. 15 weeks of training combined classroom instruction with paid internship at major NYC institutions. Upon successful completion, graduates will be placed in janitorial careers with high earning potential. For Brooklyn, call Alexis Hines, 212-895-3380 or Gohar Gharibyan at 212-895-3380; for Queens call Andrew Toscano, 917-420-9347, or Derek Johnson, 917-751-0054. This training is no longer offered in the Bronx or Manhattan. Currently recruiting for Cycle 1, which begins in August.

HIRE - Supported Employment, placement in jobs dependent on applicant's skills and abilities

Brooklyn – Sofiya Nibelitskaya, 212-895-3325

Queens – Martha Nieves, 718-639-5500, x232

Bronx – Ana Kuharik, 718-944-5099

Staten Island – Candi Genovese, 718-442-1578

Manhattan – 212-634-8642

CAMPING & RECREATION:

Weekend Adult Respite Programs: openings in **Queens, Brooklyn, Manhattan.** Must be in HCB Waiver, transportation provided Contact Carleen Smith, 212-780-2588

Weekend Children's Programs: openings in **Brooklyn and Staten Island and Manhattan.** Must be in HCB Waiver, transportation provided. Contact: Miriam Figueroa, 212-780-2585

Hotel Overnight Respite: Openings in **Queens, Manhattan and Brooklyn.** Must be in HCB Waiver. Contact: Carleen Smith, 212-780-2588.

Creative Arts Program: Open to individuals in the **five boroughs,** transportation is not provided. Contact Maureen Blackmore, 212-780-2523.

Continued

RESIDENTIAL:

New Gotham IRA (Manhattan): An opportunity for an **ambulatory female** with mild IDD; **Agovino ICF (Bronx):** An opportunity for a **non ambulatory male** diagnosed with moderate to severe IDD; **Manhattan IRA:** An opportunity for an **ambulatory male** with mild IDD; **Armstrong IRA (Queens):** An opportunity an **ambulatory female** with moderate IDD; **Hirsch IRA (Queens):** An opportunity an **ambulatory female** with moderate IDD; **Isaacson IRA (Brooklyn):** An opportunity an **ambulatory female** with moderate IDD; **Bronx Supt. Apts:** Two opportunities an **ambulatory male** and **female** with mild IDD; **Kensington IRA (Staten Island):** An opportunity an **ambulatory female** with moderate IDD; **Manhattan Apts:** An opportunity for an **ambulatory male** with mild IDD.

If you have any questions or would like to make a referral, please contact: 212-780-4457.

ADULT DAY SERVICES:

<i>Program</i>	<i>Contact Name and Number</i>
Brooklyn Day Hab	Charlotte Diaz, 718-643-2566
Dean O'Hare (Brooklyn)	Verna Hutchinson, 718-237-4587
Styler Center (Bronx)	Doris Bernt, 718-994-6060
Far Rockaway	Costa Xystris, 718-327-2809
Pendler NY League (Manhattan)	Tarlach MacNiallais, 212-691-2100
Sobriety Day Hab	Ana Sostre, 718-832-2309
Siegel Center (Brooklyn)	Hanna Choi, 718-522-3339
TBI Bronx/City Wide	Ana Sostre, 718-994-5092
Bronx Work Readiness	Doris Bernt, 718-994-6060
Brooklyn Work Readiness	Ana Sostre, 718-499-4855
Bronx Intensive Day Hab	Witemberg Cabral, 718-597-3400
Bush Terminal (Brooklyn)	Ana Sostre, 718-832-2309

ADEPT: AHRC has openings for the ADEPT (Assessment Diagnosis Evaluation Planning and Treatment) program. The interdisciplinary ADEPT team was created to serve aging adults with developmental disabilities, who are exhibiting sudden changes in behavior or geriatric syndromes. Openings are available for individuals age 40 and over with: memory loss; sleeplessness; incontinence; falling; agitation; depression; or other challenging changes in behavior, refer them to Melissa Fogel at 646-845-6028 for more information and to schedule an ADEPT evaluation. Testing is based on the needs of the individual and may include: a geriatric evaluation; an in-depth examination of previous medical work-ups; psychological testing; psychiatric testing; psychosocial assessment; and functional assessment by rehab specialist.

REHAB Services at Maiden Lane: Immediate openings for physical, speech, and occupational therapy at 83 Maiden Lane in Manhattan. Call Robin Phillips at (212) 780-2762 for more information on how to request services.

Article 16 Clinic Services: Immediate vacancies in Manhattan for psychological and psychosocial evals, and individual and group counseling. Immediate vacancies in the Bronx for individual counseling and psychological and psychosocial evaluations at the 2488 Grand Concourse clinic. Queens and Bronx residents who do not have Medicaid and are developmentally disabled are eligible for psychological and psychosocial assessments at no cost. Anyone interested in these programs should contact Dr. Kristie Finamore at (212) 780-2565.

Weight Management Group: A new **Weight Management** program has started at the Maiden Lane Article 16 Clinic. The program will focus on assisting patients in addressing their individual behaviors and environmental issues that have impeded their ability to lose weight and will utilize a multidisciplinary approach in order to determine the appropriate treatment course and level of care. Patients will receive a thorough assessment by multiple treatment providers such as psychology, nutrition, nursing, and medical (if they have not received these evals already) and an individualized treatment plan will be developed. Treatment will focus on weight management as a behavioral issue. Patients will receive a weekly psychotherapy visit (either individual or group) that will assist them in implementing recommendations made by the above treatment providers. Contact Dr. Hope Klopchin at (212) 780-2589 for details.

Chemical Dependency Services Clinic: At 83 Maiden Lane in Manhattan, the Clinic offers alcohol and substance abuse treatment for adults who have been diagnosed with developmental disabilities, mental health issues, or traumatic brain injury (TBI). The medically-supervised clinic has established a successful, multi-disciplinary approach. Contact Barbara Cajdler, Director, Chemical Dependency Services at (212) 780-2570 for more information and referral.

ACCESS Community Health Center formerly AHRC Health Care (Manhattan and the Bronx): The Article 28 medical center has ongoing vacancies at the Maiden Lane Health Center in Manhattan (83 Maiden Lane) and the Pelham Parkway Health Center (1500 Pelham Parkway South) in the Bronx for primary medical care, psychiatry, neurology, and podiatry. There are immediate vacancies in the Bronx and Manhattan for speech, physical and occupational therapy services. Contact clinical intake at (212) 895-3410 for more information. Most services available in bilingual Spanish for both adults and children.

Psychological/Psychosocial Evaluations: AHRC is offering free Psychological Evaluations and free Psychosocial Evaluations for individuals who are developmentally disabled that do not have Medicaid and are not enrolled in the New York City Department of Education. To make a referral call Cathie Shannon at OMRDD at (212) 229-3250. For more information, call Central Intake at (212) 780-4493 or 212-780-4491.