



## FREE WEEKLY WORKSHOPS

Caring for a child with a disability presents a host of joys and challenges. It's important for families to feel supported, informed and connected to one another.

UCP of NYC Family Connect Centers offer free weekly workshops, support services and educational resources for New York City parents and families of children with disabilities. Through the UCP of NYC Family Connect Centers, families are encouraged to learn, explore resources and participate in improving outcomes and support for all children with disabilities.

UCP of NYC Family Connect services and resources include:

- Training workshops, lectures and forums on a variety of topics (all services and workshops are available in English and Spanish)
- Introductions to collaborative relationships in the community: liaisons between schools, resource libraries, demonstration centers and clinical programs.
- Up-to-date community resource information, empowerment and advocacy
- Confidential guidance, support and services for families and their child with disabilities

For more information about UCP of NYC Family Connect to make an appointment or RSVP for a workshop contact:  
(718) 436-7979 ext 704 or [familyconnect@ucpnyc.org](mailto:familyconnect@ucpnyc.org)



**CALENDAR OF WORKSHOPS SEPTEMBER/OCTOBER 2011**  
**CALENDARIO DE TALLERES SEPTIEMBRE/OCTUBRE 2011**

**SEPTEMBER 2011**

**Date:** September 14<sup>th</sup>, 2011

**Topic:** Access-a-Ride

Participants will learn about this service that provides transportation for people with disabilities who are unable to use a public bus or subway service for some or all of their trips.

**Presenter:** Russell Schmidt, MTA

**Where:** 160 Lawrence Avenue. 2nd Floor. Brooklyn, NY 11230

**Time:** 10am-12pm. Refreshments at 9:30am.

**Date:** September 21<sup>st</sup>, 2011

**Topic:** Access-a-Ride

Participants will learn about this service that provides transportation for people with disabilities who are unable to use a public bus or subway service for some or all of their trips.

**Presenter:** Russell Schmidt, MTA

**Where:** 1770 Stillwell Avenue. Bronx, NY 10469

**Time:** 10am-12pm. Refreshments at 9:30am.

**Date:** September 22<sup>nd</sup>, 2011

**Topic:** Pupil Transportation

How to address problems that can arise when students with disabilities are bused to and from school. The late arrival and drop off of children from the bus and concerns about behavior will be discussed.

**Presenter:** Ruth Di Roma, Brooklyn Center for Independence of the Disabled, Inc.

**Where:** 160 Lawrence Avenue. 2nd Floor. Brooklyn, NY 11230

**Time:** 10am-12pm. Refreshments at 9:30am.

**Date:** September 27<sup>th</sup>, 2011

**Topic:** "Don't Lose What You Have"

Helpful tips to keep your Medicaid and other important benefits. Families are key to maintaining government entitlements for the family member with a disability. This workshop will provide information to help ensure the continuation of these services and who to contact when you need help.

**Presenters:** Carol Lincoln - Director of Medicaid Service Coordination, UCP of NYC  
Nanette Lavin, LMSW

**Where:** 160 Lawrence Avenue. 2nd Floor. Brooklyn, NY 11230

**Time:** 10am-12pm. Refreshments at 9:30am.



**CALENDAR OF WORKSHOPS SEPTEMBER/OCTOBER 2011**  
**CALENDARIO DE TALLERES SEPTIEMBRE/OCTUBRE 2011**

OCTOBER 2011

**Date:** October 5th, 2011

**Topic:** Simple Language Literacy Aids to Make

Participants will select picture symbols to create sentence structures for the child who may be communicating through pictures. A communication sentence strip will be supplied and used to arrange and store symbols to encourage choice-making and literacy skills. Parents and caregivers will take home a communication strip that they have made to use with their child.

**Presenter:** Mary Jacobsen, SHARE Librarian at UCP of NYC

**Where:** 122 East 23rd Street. 4th Floor. New York, NY 10010

**Time:** 10am-12pm. Refreshments at 9:30am.

**Date:** October 6th, 2011

**Topic:** Reduced-Fare Metrocard Program

A Reduced-Fare MetroCard is a personalized MetroCard with your name and photograph. You must apply for, and be approved to receive it. Come and learn about this program.

**Presenter:** Marilyn Ramos, New York City Transit

**Where:** 160 Lawrence Avenue. 2nd Floor. Brooklyn, NY 11230

**Time:** 10am-12pm. Refreshments at 9:30am.

**Date:** October 12th, 2011

**Topic:** Reduced-Fare Metrocard Program

A Reduced-Fare MetroCard is a personalized MetroCard with your name and photograph. You must apply for, and be approved to receive it. Come and learn about this program.

**Presenter:** Marilyn Ramos, New York City Transit

**Where:** 1770 Stillwell Avenue. Bronx, NY 10469

**Time:** 10am-12pm. Refreshments at 9:30am.

**Date:** October 13th, 2011

**Topic:** Parent Involvement in Schools

How parents can become more engaged in their child's education through involvement with their community and school. How to make time when it seems there is not time available for child/teacher/parent/service-provider interaction and how important this is for positive educational outcomes.

**Presenter:** Ruth Di Roma, Brooklyn Center for Independence of the Disabled, Inc.

**Where:** 160 Lawrence Avenue. 2nd Floor. Brooklyn, NY 11230

**Time:** 10am-12pm. Refreshments at 9:30am.



**CALENDAR OF WORKSHOPS SEPTEMBER/OCTOBER 2011**  
**CALENDARIO DE TALLERES SEPTIEMBRE/OCTUBRE 2011**

OCTUBRE 2011 *Cont...*

**Date:** October 18<sup>th</sup>, 2011

**Topic:** Fire Safety Education

This workshop will show you the common causes of fire and fire injuries in the home, as well as provide you information on how to best ensure the safety of people with disabilities. You will learn what to do to prevent a fire and what to do if a fire breaks out.

**Presenter:** New York City Fire Department

**Where:** 1770 Stillwell Avenue. Bronx, NY 10469

**Time:** 10am-12pm. Refreshments at 9:30am.

**Date:** October 20<sup>th</sup>, 2011

**Topic:** Evaluation and Placement

What is an evaluation? When is it necessary? "How do I go about requesting an evaluation"? Evaluation can lead to a change in placement for student with a disability or primary placement. What options are available within the special education system?

**Presenter:** Ruth Di Roma, Brooklyn Center for Independence of the Disabled, Inc.

**Where:** 160 Lawrence Avenue. 2nd Floor. Brooklyn, NY 11230

**Time:** 10am-12pm. Refreshments at 9:30am.

**Date:** October 27<sup>th</sup>, 2011

**Topic:** Help Family Support Services

This workshop will cover services including recreational services, financial aid, respite, housing, transportation, health issues and other important topics. Bring your needs and questions and we would problem solve together. You will walk away with new resources!

**Presenter:** Gary Shulman, Resources for Children with Special Needs

**Where:** 160 Lawrence Avenue. 2nd Floor. Brooklyn, NY 11230

**Time:** 10am-12pm. Refreshments at 9:30am.

**CP of NYS/MTA Travel Training Program**

**INITIAL INTAKE**

**Identifying Information:**

Name: \_\_\_\_\_  
Last First

Access-A-Ride ID #
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Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

Telephone #: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Address \_\_\_\_\_  
Street Apt # City State Zip

Access-A-Ride Eligibility Status: \_\_\_\_\_

Current Living Situation:  Lives Alone  Lives in Certified Residence  Lives with others (Family/Friends)

Language Spoken:  English  Other: \_\_\_\_\_

Communication Abilities: \_\_\_\_\_

Date of Referral: \_\_\_/\_\_\_/\_\_\_ Referral #: \_\_\_\_\_ Person Making Referral:  Individual  Other

If other: \_\_\_\_\_  
Name Title Agency Phone E-Mail

Referral Source: (How did you hear about program?): \_\_\_\_\_

**Primary Contact:**

Name: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Telephone #: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Relationship to Individual: \_\_\_\_\_ Legal Guardian:  Yes  No

Is the individual affiliated with a Program/Service that can provide information regarding individual's travel skills?

Yes  No If yes:

Name/Title: \_\_\_\_\_ Program/Service: \_\_\_\_\_

Telephone #: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Name: \_\_\_\_\_

**Disability (check all that apply):**

Physical    Cognitive/Intellectual    Visual    Hearing    TBI    Emotional    Neurological

Other Medical Condition (specify): \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Is disability permanent:  Yes    No

If no explain: \_\_\_\_\_

**Mobility Status:**    Ambulatory    Non-Ambulatory    Ambulates with Assistance: \_\_\_\_\_

**Assistive Devices:**

Manual Wheelchair    Motorized Wheelchair    Motorized Scooter

Walker    Cane    Crutches    Other (specify): \_\_\_\_\_

Can individual use assistive devices proficiently?    Yes    No

If no, explain: \_\_\_\_\_

**Previous Travel Training Experience/History:**

No Previous Training    Previous Training with NYC Transit seeking re-training

Informal Training from family: \_\_\_\_\_

Previous Agency/School Sponsored Training: \_\_\_\_\_

**Destination/Route Individual Requests to be Trained On:**

Has the individual asked to learn a specific route?    Yes    No

If yes:

Name of destination (include address/cross street): \_\_\_\_\_

Origin Address and Cross Street \_\_\_\_\_

**Frequency of Anticipated Travel to Requested Destination:**

at least once per week    at least once every two weeks    at least once per month

less than once per month (specify): \_\_\_\_\_

**Post-Training Travel to Destination is Anticipated to Continue For:**

less than six months    six to twelve months    more than twelve months

undetermined

Is individual able to travel on bus/subway alone (without PCA or support staff)?

Name: \_\_\_\_\_

Yes  No  Sometimes (specify): \_\_\_\_\_

Does the individual anticipate changing his residence within next year?  Yes  No

If yes, explain: \_\_\_\_\_

**Individual Referred for Screening/Pre-Test:**

Yes  No  Pending

If No or Pending Specify Reason: \_\_\_\_\_

\_\_\_\_\_

**Note:**

Information for intake obtained from:

Individual  Other (specify): \_\_\_\_\_

**Initial Intake Completed by:**

\_\_\_\_\_  
Name Title

\_\_\_\_\_  
Date



CP of NYS

Where Possibilities  
Become Realities

# **Cerebral Palsy Associations of New York State and MTA New York City Transit**

## **ANNOUNCE...**

### **A *FREE* Travel Training Program for qualified Access-A-Ride Customers**

Through personalized one-on-one instruction, trainees will learn to travel independently on one round trip bus or subway route to a destination of their choice in New York City. Travel Training can enable people with disabilities to safely and confidently travel by bus or subway in New York City's five boroughs as well as allowing greater flexibility in making and changing travel plans.

Trainees will master the following skills:

- Traveling safely at all times
- Planning a trip (use of schedules, signs, telephone, information services and landmarks)
- Remembering and following directions
- Requesting information/help from appropriate sources
- Identifying the correct stop at desired destination
- Coping with service disruptions, delays and emergencies
- Correctly using mobility aids (such as wheelchairs and scooters) on accessible mass transportation

Travel training is funded by MTA New York City Transit and provided by Cerebral Palsy Associations of New York State at no cost to trainees. Access-A-Ride customers 18 years and older may apply.

**To apply or for more information  
Call 212-947-5770 ext. 627 or  
Email [traveltraining@cpofnys.org](mailto:traveltraining@cpofnys.org)**



We invite you to join us at our important September meeting! (See travel directions below.)

## **Manhattan Family Support Services Advisory Council**

[www.manhattanddcouncil.org](http://www.manhattanddcouncil.org)

### ***NEXT MEETING:***

<b>CHOOSE EITHER:</b>	<b>MONDAY MORNING</b>	<b>OR:</b>	<b>MONDAY EVENING</b>
<b>ESCOJA UNA:</b>	<b>SEPTEMBER 26, 2011</b>	<b>O:</b>	<b>SEPTEMBER 26, 2011</b>
	<b>10:00 AM - NOON</b>		<b>5:30 - 7:30 PM</b>
	<b>METRO NY DDSO</b>		<b>METRO NY DDSO</b>
	<b>75 MORTON STREET*</b>		<b>75 MORTON STREET*</b>

**The same topic will be addressed at both meetings.  
El mismo tema se tratará en ambas reuniones.**

***Si su idioma es el Español y necesita intérprete durante la reunión es necesario avisarle a Margaret antes de 19 de septiembre del 2011. Llamarla al 212-799-2042. No habrá intérprete si no se pide con anticipación.***

***If you require interpretation in Cantonese, it is necessary to let Margaret know by September 19, 2011. Call her at 212-799-2042. There will be no interpreter unless you request it in advance.***

## **The New 1115 Waiver: What's It All About?**

New York State's developmental disabilities service system is going to change radically! The Office for People with Developmental Disabilities is designing a new Medicaid 1115 waiver—a funding mechanism that will change how services are funded and delivered. Every one of us will be affected! Come learn about this new waiver from the experts—Al Kaplan and Judy Delasi. Al Kaplan, Senior Policy Advisor for AHRC, was formerly Deputy Director of the NYS Division of the Budget. Judy Delasi is Associate Executive Director of AHRC. We are privileged to have two such knowledgeable, experienced presenters! This is one meeting you can't afford to miss!

## **La Nueva Excepción 1115: ¿De Que se Trata?**

¡El sistema de servicios para individuos con discapacidades de desarrollo del estado de Nueva York está cambiando radical-mente! La Oficina para los Individuos con Discapacidades de Desarrollo está designando una nueva Excepción 1115—un mecanismo de financiamiento que cambiará como los servicios son financiados y entregados. ¡Nos afectará a todos! Vengan y aprendan de los expertos—Al Kaplan y Judy Delasi, acerca de esta nueva excep-ción. Al Kaplan, Asesor Mayor de Pólizas de AHRC, era antes el Director Adjunto de la División de Presupuestos del estado de Nueva York. Judy Delasi es la Directora Asociada Ejecutiva de AHRC. ¡Somos privilegiados de tener dos sabios y experimentados presentadores! ¡Esta es una reunión que no deben perderse!

# 34<sup>th</sup> Street Select Bus Service



New York City Transit

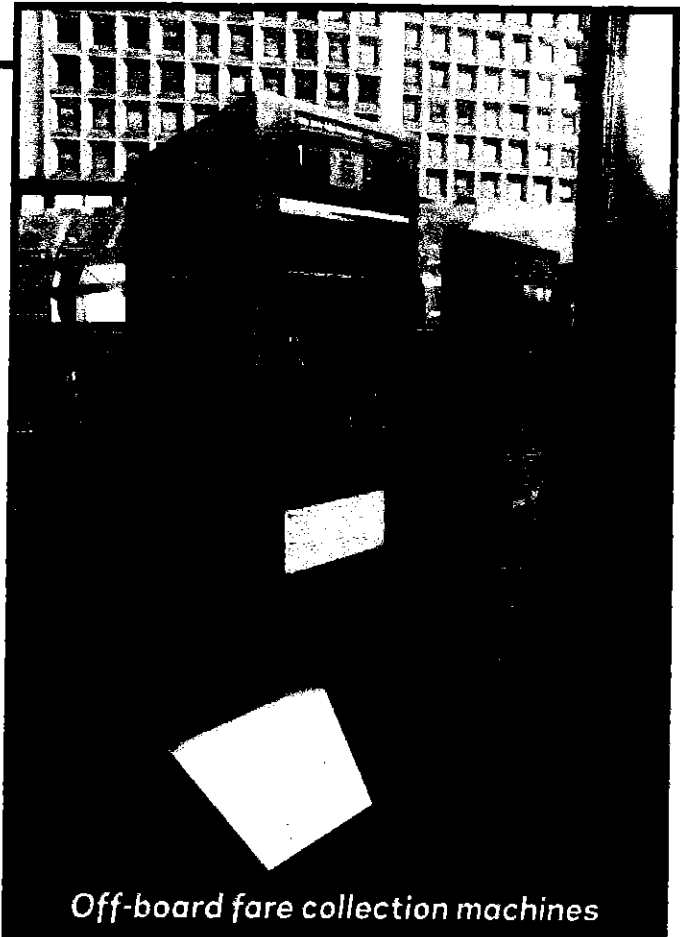


## Coming Soon: Off-board fare collection on 34<sup>th</sup> Street

To speed up local bus service on 34th Street, MTA New York City Transit is implementing off-board fare collection in November 2011. Fare machines at each stop will accept MetroCards and coins. If you have questions about how to use the machines, please contact NYCT at 718-330-1234 or visit [nyc.gov/SBSfare](http://nyc.gov/SBSfare).

### How do I pay my fare?

- Pay on the sidewalk at the MetroCard or coin machine (shown to the right) before boarding the bus
- Take the receipt issued by the machine
- Board the bus from the front or rear doors—no need to show your receipt to the bus driver
- Keep your receipt



*Off-board fare collection machines*



### Enforcement

A roving team (the "Eagle Team") of fare inspectors will board buses to check for receipts. Passengers without a valid receipt are subject to a \$100 fine.

